



OPPORTUNITIES IN RETIREMENT

LARGS

Presenter – John Kent

OPPORTUNITIES IN RETIREMENT LARGS

- Largs as a town
- Background to OIR
- Why OIR?
- How OIR was set up?
- What we do?
- Our aim
- The future







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Background to OIR

- Formed in 1987
- Previously a mixture of many activities
- Bringing together of all activity groups in Largs
- 600 members

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Why OIR?

- Sharing of activities
- Sharing of skills
- Engaging with Local Authority
- Grants available

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How OIR was set up?

- Meeting held in 1987
- Invites to all new 50 people
- Committee
- Constitution and bank account
- Meeting and organising groups
- Office – manned by volunteers

See handout

OIR LARGS Opportunities in Retirement, Largs



Largs, Ayrshire, Scotland

[About Us](#)
[Groups](#)
[Meetings](#)
[Committee](#)
[Links](#)
[Contact Us](#)

Over 50?

Retired?

***O.I.R. Largs has the
answers for people living in
Largs and district!***



Swimming

Now you have more time to pursue existing or new interests, learn new skills, meet new people, keep active and alert. O.I.R. Largs members organise and run a wide range of activities. Some are shown here; there are many more.



Hill Walking

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Our aim

- To be inclusive 50+ abilities/interests
- Contribute to healthy lifestyle
- “Mind and matter”

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The future

- Increase members
- Increase activities
- Links with France and Denmark
- More links?

