

SPORT MINDED SCHOOL



voor een sportieve samenleving

NEDERLANDSE SPORT ALLIANTIE

Introduction

- The Dutch Sport Alliance (NSA)
- Our Core Business:
 - Sports Club Support
 - Promotion of sports for all.
 - Sports as means for social development.

Introduction

- My work
 - Project Manager “Sports Minded School”.
 - Consultant for the program “Sport Streetwise”.
 - Project Manager “Sports Intergration”.

The two core goals of P.E. stated by the Ministry of Sports

1. Learning students (age 5-12) how to participate in sports and games with respect, acting responsibly to the surrounding culture and the basic principles of sports.
2. Learning students (age 5-12) how to work and learn together in a respectful way, finding agreements on rules and regulations.

Dutch p.e. situation at primary schools

- Students attend p.e. classes twice a week
- The p.e. class is given by their own teacher with a p.e. license or a p.e. teacher.
- The municipality takes care of the gym and the basic sports equipment.

Dutch p.e. situation at primary schools

- In reality:
 - Poor sports equipment
 - Not enough p.e. teachers available
 - No decent p.e. programme
 - More play and games than sports
 - No involvement of local sports clubs
 - Studies show that after school children are inactive



Twofold target Sport Minded School

Project objectives:

- To raise the sports participation of students age 8-12 in local sports clubs by 3% in one year.
- To teach students age 8-12 knowledge (basic) about a healthy lifestyle in relation to sports and exercise.

The basic project:

Consists of:

- Ready-made lessons for the (p.e.) teacher about eight different sports.
- The use of high quality sports equipment for use during classes.
- After schooltime students can participate in sports at local sports clubs organised by a NSA employee.

Three subprojects

1. “Sport Minded School XL”; a curriculum for children and their parents to raise the awareness of a healthy lifestyle.
2. “Sports Detention”: After school a sports club visits the school to give introduction training.
3. “Fair Play”: the (physical) education of students also includes things like learning to deal with rules, winning and losing, manipulation and provocation.

Sports introduction lessons

Athletics / badminton / basketball / handball / hockey / basketball / tennis / gymnastics / soccer / volleyball

- 3 lessons per sport
- Understandable for every teacher
- Equipment package (circulation system)
- Lessons made in cooperation with national sports associations
- After this summer also: judo, softball, climbing and korfbal

The sportclub part

Additional per municipality

- Introduction with a sport ánd with the sport club
- Introduction trainings in 2 periods
- 6 training sessions per period
- Possibility for sport clubs to join without the school part
- Children can subscribe via a special website



The Project Leader

Lives and works in or close to the municipality

- Usually a p.e.teacher
- Local contactperson for the municipality, the sportclubs and the primary schools.
- Takes care of the sport material package and makes sure every school has the right materials per 3 weeks.
- Gives the right information to be put on the special website.

The NSA Office

In Amersfoort

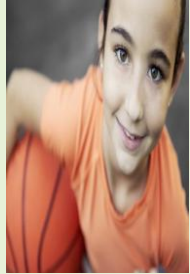
Programme coordinator and a project assistant

- Website support
- Finance
- Monitoring en evaluation
- Quality monitoring
- Sales and acquisition

Figures

	04-05	05-06	06-07	07-08	08-09	09-10
Municipalities	11	11	12	13	12	10
Municipalities with both school and club part	7	8	9	10	9	7
Municipalities with only school part	4	3	3	3	3	3
Number of schools participating	117	119	127	149	145	121
Number of sport clubs participating	78	82	80	80	65	66
Number of pupils reached	11.673	11.818	12.110	14.510	12.630	14.914
Number of pupils reached with sports club part	5.419	5.503	5.803	5.840	5.573	9.151
Pupils who signed up at a sports club.	1.385	1.470	1.482	1.523	1.323	1.035

New Developments



1 > intervention effectiveness

Scientific research to the effectiveness of Sport Minded School



2 > Certification

Trying to obtain a nationally recognized certificate



3 > Update website www.sportieveschool.nl

Update, family friendly, attractive, fun, informative, interactive and accessible.



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**Thanks for your
participation!**



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