

# Building Capacities in MOVE

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# The Role of the ISS in MOVE

- ISS as a "late addition" to MOVE
- Reason: EAHC requested cooperation of MOVE and the CODE PA proposal → ISS as "rest" of CODE PA
- One important element of CODE PA: **capacity building**
- Already two very competent academic partners in MOVE → ISS will focus on capacity building aspects

# Why Capacity Building?

- **Ultimate goal of DG SANCO for MOVE:**  
"Increase physical activity levels of people living in socially disadvantaged neighborhoods"
- ➔ **"Intermediate" goal for MOVE:**  
Enable MOVE partners to
  - better reach people in disadvantaged neighborhoods
  - develop and conduct suitable programs
- ➔ *This is exactly what capacity building is about!*

# What exactly are Capacities?

## Capacities

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graph TD; A[Capacities] --> B[Inter-Sectoral Capacities]; A --> C[Intra-Organizational Capacities]
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### **Inter-Sectoral Capacities**

linking organizations across

- sectors (sport, health, etc.)
- levels (regional, national, int'l)
- types (GOs, NGOs, private)

### **Intra-Organizational Capacities**

e.g. personnel, resources,  
co-operations within  
organizations

# How will MOVE build capacities?

- New contacts
- Increased networking between APs and with CPs (WP5)
- Meetings, conferences, newsletters, website etc.
- Exchange of good practice (WP4)
- Conducting pilots (WP6)
- Knowledge exchange between research and practice  
(Capacity building also among research partners!)

# What will the ISS do?

## Assessment and Monitoring

- Assessment of existing capacities (pre-post)
- Monitoring of capacity building process
- Scientific articles
- Theoretical model: ADEPT

## Support of Capacity Building

- support for project coordinator
- support for networking (e.g. selection of CPs)
- support with scientific expertise (e.g. on good practice)
- support on conducting pilots

➔ *let us know what **you** need!*

# What next?

## Upcoming weeks:

- we will approach you to learn more about your capacities (e.g. by questionnaire, phone interview)

## Right now:

- Two workgroups talking about:
  - your motivations for taking part in MOVE
  - your goals and expectations for the project

# Thanks a lot for your attention!

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