



A Healthy Mind in a Healthy Body

<http://www.communitygames.ie>

An Introduction to the HSE Community Games

MOVE 2011 Paris

Friday 21st October 2011

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Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



**Community
Games**



A Healthy Mind in a Healthy Body

<http://www.communitygames.ie>

- ❖ Established in 1967 in Dublin by a group of local volunteers
- ❖ Motto 'A Healthy Mind in a Healthy Body'
- ❖ Volunteer led, providing sporting and cultural opportunities for young people aged 6 to 16, across the whole island of Ireland
- ❖ Organised at Area (local community), County, Provincial and National level
- ❖ Over 200,000 children participate annually in Community Games activities
- ❖ List of events includes over 50 sporting and cultural activities
- ❖ There are approximately 10,000 volunteers involved in running the regular activities and competitions provided at Area (community), County, Provincial and National level



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Previous Sponsors include:

- ❖ ESB (Electricity Supply Board)
- ❖ Ryanair
- ❖ Credit Union of Ireland
- ❖ Fanta
- ❖ Tayto



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Current Sponsor:

Health Service Executive

The **Health Service Executive (HSE)** (*Feidhmeannacht na Seirbhíse Sláinte, FSS*) is responsible for the provision of healthcare providing health and personal social services for everyone living in Ireland, with public funds.

This relationship between the Community Games and the HSE is a very natural alliance, as we both strive to promote a healthy ethos within the population of Ireland...





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We are committed to providing the best possible experience for young people who participate in our activities and events as participants and volunteers. Our motto: 'A healthy mind in a healthy body' captures perfectly how we wish to see our young people grow and prosper while partaking in appropriate, enjoyable, safe and healthy sporting and cultural pursuits.

- ❖ Inform and educate on health related issues
- ❖ Raise awareness of behaviour that impacts on our health
- ❖ Participation in activities in a positive atmosphere, with fair and healthy competition
- ❖ Disseminate information on policies, e.g. health promotion, healthy eating, anti-bullying, social inclusion and integration



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Example of Good Practice at our National Events:

- ❖ Healthy food only provided for volunteers and participants
- ❖ Encourage anti-smoking
- ❖ Volunteers agree to abide by our Code of Conduct which includes acceptance of all health and welfare related policies
- ❖ Information distributed on Child Protection, Healthy Eating, Integration and Inclusion
- ❖ Health Service Executive representatives present providing guidance and information on best practises.



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**Thank you for your
attention!**



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