

### Target group: Trainers/coaches

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Name of the organization

:DGI – Danish Gymnastic Association

### Name / Title of the example I Front - an educational programme for young volunteers

Target group

- Young volunteers in sport

Dimension

- Education and training for the target group
- Recruitment of volunteers

**Objectives** 

Project description

- To inspire young people (14 17 year) to participate as volunteers in their clubs.
- To recruite tomorows volunteering leaders.

DGI has developed a training programme to inspire young people (14 - 17 year) to participate in volunteering work in their clubs. They learn how the democracy works in the clubs and how the decisions are taken. They also learn how to realise their ideas in the clubs. Several studies show that young people would like to do volunteer work they just do not come by themselves. Neither do they come for money, but they do come if they experience to get influence, community and the opportunity to implement their own projects.

I FRONT is:

- A training program for young people between 14 17 years
- A practical structured training across sports.



A training program where participants will have strengthened their personal development, make new professional competencies in management and are motivated to participate as a coach, instructor

or leader in voluntary associations.

In IFRONT the young people have to be active themselve and come to work with the following content:

Leaning about associations will be attitudinal in nature and include the following topics:

- Ethics and morality in sport
- Association Game what is an association of a size
- Views on children's sports
- "Leadership and cooperation" Which type of leader am I?

Teaching in sport for children - Basic tools for the trainer profession

- Knowledge of children's motor skills and development
- The good trainer



Name of the organization

DGI – Danish Gymnastic Association

### Name / Title of the example I Front - an educational programme for young volunteers

Project description

Instructor role / assistance instructor role including interaction between these dimensions:

- Training Planning
- Motivation of children and the function of play



Project work - young in my local area: "Young people in my local area" is the development part and will be a process that extends over the entire course. The idea is that young people need to focus of how they in their eyes can develop the local area, so it still continues to be attractive to be a child and youth in local environment. This part is a kind of experiment, where participants are allowed to work their ideas and will be supported by the association to try them out at home.

We have special training programmes in connection to some of our integration/inclusion-projects adjusted the conditions in social exposed areas.

Period of implementation

2006 - 2012

Level of Activities

DGI has every year 25 - 50 courses for young volunteers all over the Results Achieved

Local, Regional, National

country.

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Contact details



Name of the organization

:DGI – Danish Gymnastic Association

#### Name / Title of the example | Project volunteer

Target group

- Young volunteers (16-20 years), who are doing at least 20 hours of volunteering

Dimension

Recruitment of volunteers

Objectives

- To inspire young people (14 17 year) to participate as volunteers in their clubs.
- To recruite tomorows volunteering leaders.

Project description

Everyone at secondary school (16-20 years) are encouraged to do some volunteering and will get a official document "volunteering certificate" telling what kind of volunteering work they have done and what skills they have learned.

The clubs are called to upload volunteering jobs for the young people on a "volunteering job portal".

Project Volunteer is an initiative that has been initiated by the three ministries: Social, Educational and Cultural Affairs. The aim is to offer and motivate young people at secondary schools to perform volunteer work for example in sports, but also in other charitable organizations.

The young people must perform at least 20 hours of volunteer work to get the so-called Voluntary Evidence that can be attached to the diploma when they enroll in an education after this training.



Clubs under Project Volunteer has the opportunity to make contact with about 250,000 pupils in secondary education system across the country. This means that clubs have a unique opportunity to profile itself towards a very large group of young people.

It is also a good opportunity for associations to have introduced young people to volunteer work that happens in sports associations. This can make it easier later to recruit volunteers.

Difficulties: It has been very difficult for the clubs to find and formulate volunteering jobs to non-experienced young people. The best successes have been attrieved in connection with larger events, where the need for short term assistance can be connected with Project Volunteer.

#### :Links:

- http://www.dgi.dk/OmDGI/Projekter/frivillig.aspx
- http://www.projektfrivillig.dk/Webnodes/da/Web/PF/Forside



Name of the organization	DGI – Danish Gymnastic Association
Name / Title of the example	Project volunteer
Period of implementation	2010 – 2012
Level of Activities	Local, Regional, National
Results Achieved	- In 1½ year nearly 1000 young people have achieved a voluntary certificate.
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Name of the organization

UFOLEP

#### Name / Title of the example Implementation of the "Service Civique"

Target group

Dimension

- Organizational leaders and managers
- Event and activity supporters
- Young people (16-25)
- Recruitment of volunteers
- Education and training for the target group,
- Retention of volunteers on practical level
- Recognition of volunteers on public level
- Influence or contribute to laws, government policies or recommendations on volunteering,
- Innovative partnerships and funding models

**Objectives** 

- To take part and influence the implementation of a new french volunteer framework for young people
- To define the philosophy that ought to be behind the french volunteering ""service civique"",
- To create tools to promote and control this new framework, To devlope training and information on this new framework for managers and leaders
- To devleop management of this new form of volunteering
- To define the modalities of the compatibility/complementarity between usual volunteers, associative paid workers and these new form of volunteering at different levels
- To promote this new form of volunteering
- To contribute and follow the development of volunteers skills,
- To make this framework a tool for active citizenship

**Project description** 

UFOLEP has 250 volunteers in the civic service sector, a recent development sector which creates a new status, as a complement to the resources which already exist: the volunteers and paid workers in the non-profitmaking sector.

There are two reasons for putting volunteers in the centre of this new system:

- To ensure that volunteering is a satisfying experience for young people in order to encourage a lasting commitment and/or to give them skills which will be useful in their future life.
- To integrate this system into the non-profit-making sports sector while minimizing the negative effects of for the volunteer network on the one hand (managing balance and status), and paid employees on the other (increasing the underemployment in the sector).





Name of the organization

: UFOLEP

#### Name / Title of the example Implementation of the "Service Civique"

Project description

The civic service system within UFOLEP and more generally within the teaching league network has therefore been constructed around a range of structures:

- A charter of commitment aimed at networks of local committees and associations, setting out clearly the responsibilities of structures using vol-
- Administrative reference points at the national and local level and tutors responsible for supporting the structures using volunteers and the volunteers themselves during their term of volunteering.
- Regional level training courses and teaching materials which enable the volunteers to get to grips with the non-profit sector, and concepts such as commitment, political activism and solidarity...
- A catalogue of national missions. Every local intermediary or affiliated association must refer to this catalogue so as to define, with the young beneficiary, the type of mission chosen. The missions in the catalogue will prevent a young volunteer from being assigned to a mission which is really a paid activity.

Above and beyond the opportunities available to the French non-profitmaking network, in particular the sports sector, from civic service, the new system should, through the new status it creates in France, encourage each sports federation to define and implement a framework which will allow volunteering to develop in harmony with and as a complement to the resources which already exist –the volunteers and paid workers in the non-profit-making sector.

From 2008, ongoing

Local, Regional, National

- New status implemented and recognized
- Variety of profiles of young people (not only sports people) touched by this and entered the UFOLEP movement
- More young people entering the UFOLEP movement
- Work towards young people on active citizenship
- It created an opportunity for the young which was compatible wether he/she was unemployed or not
- Framework well endorsed by our local representatives
- Work on management with our leaders

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Period of implementation

Level of Activities

Results Achieved

Contact details