

Target group: Trainers/coaches

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EuroVolNet good examples



▶ Name of the organization	Akershus idrettskrets, Norway NIF, (The Norwegian Olympic and Paralympic Committee and Confederation of Sport)
▶ Name / Title of the example	The big weekend with various courses (Den Store Kurshelgen)
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches - Event and activity supporters - Athletes
▶ Dimension	Education and training for the target group
▶ Objectives	<ul style="list-style-type: none"> - to inspire and motivate volunteers for action - to promote various activities that help volunteers implement action plan
▶ Project description	<p>Akershus idrettskrets vision is “sport / physical activity for all.” Main aim is to improve the clubs’ premises to conduct its business. To achieve this, Akershus idrettskrets provides them skills that enable them to perform specific tasks in the sports club. It is difficult to motivate volunteers to attend courses. They have simply no time. So in addition to evening courses in the middle of the week, now a grand seminar one weekend in mid-October is organized. Here a number of exciting topics are set up with known and prominent speakers. This seminar is a collaboration with several different sports. Main topics are nutrition, strength training, endurance training, inspiration, motivation, leadership, coaching, mental training, children’s sports, youth sports, etc. All have the time to set aside one weekend a year to refresh volunteers skills and to be inspired.</p>
▶ Period of implementation	Every year, one weekend in October
▶ Level of Activities	Regional
▶ Results Achieved	Each year Akershus idrettskrets gathers about 500 participants. They receive professional input, and are inspired and motivated. This causes an increase in the general course participation. And it brings more and better activities in the sports clubs.
▶ Contact details	<p>Name of the organization: Akershus idrettskrets Contact person: Kent Simonsen Email: kent.simonsen@idrettsforbundet.no</p>



EuroVolNet good examples



▶ Name of the organization	Akershus idrettskrets, Norway NIF, (The Norwegian Olympic and Paralympic Committee and Confederation of Sport)
▶ Name / Title of the example	YouMe
▶ Target group	<ul style="list-style-type: none"> - Trainers/coaches - School-kids and sports clubs.
▶ Dimension	Education and training for the target group
▶ Objectives	<ul style="list-style-type: none"> - To educate 15-year old youngsters becoming sports-leaders and have them activate their peers in school during a full school-year. - Make it easier for sports-clubs to get young people who can take a more active role in organizing the sport-clubs activities.
▶ Project description	<p>The young (and older) population need more physical activity. Schools are challenged at providing more activity during the school-week. Sport-clubs have a never-ending need for new coaches and leaders.</p> <p>This project aims towards educating young people (age 15) at becoming Young Mentors (YouMe), during their 10th school-year. Thus they provide more physical activity (for free) to the schools, and at the same time we get more young people interesting in becoming coaches in their local sports-club. Sport organisation educate then at a general sport-leader course and in several sports. The aim is not that they should know everything within a sport and it is not a coaches-course, but they become good enough to start and lead activity for their peers.</p> <p>Leader-cours is organized over three days and three weekends with activity training. Every week the young mentors provide and lead activity at their school. The local sports-club recruit them at the end of the school-year.</p>
▶ Period of implementation	From 2005 and ongoing
▶ Level of Activities	Regional
▶ Results Achieved	<ul style="list-style-type: none"> - More than 200 educated youngsters - Some of the participating sports-clubs have recruited several of the youngsters to the club, and they are now volunteering as leaders and/or coaches
▶ Contact details	<p>Name of the organization: Akershus idrettskrets</p> <p>Contact person: Johan Conradson</p> <p>Email: johan.conradson@idrettsforbundet.no // +4793400443</p>



EuroVolNet good examples



▶ Name of the organization	Bulgarian Young People Foundation
▶ Name / Title of the example	Social inclusion of teenagers in need
▶ Target group	<ul style="list-style-type: none">- Trainers/coaches- Event and activity supporters
▶ Dimension	<ul style="list-style-type: none">- Recruitment of volunteers- Education and training for the target group,- Retention of volunteers on practical level- Recognition of volunteers on public level- Influence or contribute to laws, government policies or recommendations on volunteering- Promotion of the social and economical value of volunteering group
▶ Objectives	<ul style="list-style-type: none">- Informational campaign to increase the motivation of young people from target group 12-19 years old for active healthy behavior through increasing their physical activities- To help teenagers with problems at school- To teach teenagers relaxations technics (for reduce the stress) and increase their well-being and general condition- To help teenagers with problems to avoid violence as a form of a conflict solution- To reduce the number of teenagers going to correction centre.
▶ Project description	<p>There is a social problem with more and more teenagers who are “abandoned” to the problems they go throw, as how to deal with their free time without sitting all the afternoon in front of the computer; be attracted to try some drugs; trying to resolve conflicts between them with violence, etc.</p> <p>Bulgarian young people fundation developed the program where students from 20 to 25 years old, in age close to the teenagers, help children and teenagers with special needs. They teach sport activity, help them with school obligations, motivate them to go to school, give them their good exemple for success in their live.</p> <p>The students can feel more usefull and the teenagers feel to be more understood as the age of their coaches is close to their own and they feel more open to discuss their problems. Teenagers start with different sport activities that become daily routine: dance, football, volleyball, fast walking, sking...). Students lead them to cinema, theatre etc, speak with them everyday, establish some rules for those with real problems (agressive, drug problems). Students make anti-HIV campain and lessons on sexual education for teenagers.</p>



EuroVolNet good examples



▶ Name of the organization Bulgarian Young People Foundation

▶ Name / Title of the example **Social inclusion of teenagers in need**

▶ Project description Students lead them to cinema, theatre etc, speak with them everyday, establish some rules for those with real problems (aggressive, drug problems). Students make anti-HIV campaign and lessons on sexual education for teenagers.

▶ Period of implementation 01/02/2012 - 30/06/2012

▶ Level of Activities Local, Regional

▶ Contact details
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EuroVolNet good examples



▶ Name of the organization	CASPV - Czech Association Sport for All
▶ Name / Title of the example	Education system for volunteers
▶ Target group	- Trainers/coaches
▶ Dimension	- Education and training for the target group
▶ Objectives	- To train new volunteer and professional trainers and lectors
▶ Project description	<p>CASPV has been working for 10 years on education system for volunteer trainers, referees and administrative staff. Detail subscription of the system can be found here: http://www.caspv.cz/cz/aci-akademie/.</p> <p>The national directive for education is regularly evaluated every 4th year to be up to date with the needs of CASPV (new classification, connection with public regulations and legislative). Main target of the directive is to provide common rules for education of professional trainers who work within CASPV and provide basic legal documents for their authorisation.</p> <p>Together with the main target the directive provides binding regulation for planning, managing, budgeting, financing and organizing training of CASPV professionals (trainers, referees, lectors...). This directive admits public and private education. Based on gained education and fulfilment of other conditions the applicant can receive qualification described in the directive.</p> <p>Over 40 pages directive describes: profile of volunteer, rights and obligations, summary of qualifications and conditions and legal documents.</p> <p>CASPV system has 5 different qualifications:</p> <ul style="list-style-type: none">• Trainer• Instructor• Referee• Lector• Administrative <p>CASPV has 4 different qualifications for trainers:</p> <ul style="list-style-type: none">- IV. class trainer – 20 hours training program, can't lead class alone.- III. class trainer – 50 hours training program and final exam.- II. class trainer – 50 hours training program.- I. class trainer – 70 hours training program (needs to undertake over 170 hours of theoretic and practical training, final work and exam). I. class trainer gets nationwide ID which is guaranteed by ministry of education Czech Rep.



EuroVolNet good examples



▶ Name of the organization	CASPV - Czech Association Sport for All
▶ Name / Title of the example	Education system for volunteers
▶ Project description	<p>In order to keep the qualification all trainers have to collect a certain number of credits within 5 years (Trainer ID is valid for 5 years). Every training or lesson has assigned number of credits. This system guarantees activity of volunteers on year to year basis.</p> <p>CASPV has also a training system for lectors. CASP recognizes two levels of lectors. Lector L1 needs to have University degree. Lector L2 doesn't need to have university degree, but must attend CASPV academy (ACI). The same credits system applies for both levels of lectors.</p>
▶ Period of implementation	Ongoing
▶ Level of Activities	National
▶ Results Achieved	A high number of new certified volunteers/trainers/ professionals every year.
▶ Contact details	Name of the organization: CASPV - Czech Association Sport for All Contact person: Miroslav Zitko Email: zitko@caspv.cz // + 420242 480 301



▶ Name of the organization	Czech Sokol Organization (COS)
▶ Name / Title of the example	Sustainable Care for Volunteers
▶ Target group	- Trainers/coaches
▶ Dimension	- Education and training for the target group - Retention of volunteers on practical level - Promotion of the social and economical value of volunteering
▶ Objectives	- To stabilize and develop a group of Sokol Sport for All trainers. - To provide trainers with new information and trends in their respective categories and specializations. - To mediate the exchange of experience and to strengthen the social aspect of their activities.
▶ Project description	<p>Sport for All Section of the Czech Sokol Organization (COS) worked out a sophisticated system of the organized events, so called education events, for organization and management of the activities of COS trainers boards. Trainers boards are grouped according to the age categories which they lead (from category of parents with children via pre-school children, categories of younger and older juniors up to seniors (men and women separately)).</p> <p>Each category has a Board with 10 members who are appointed by the Sport for All Board. These category Boards also serve as advisory bodies for SFA Section.</p> <p>These Boards organize, according to their long term schedules, regular events with respective Sokol Districts leaders, whose task is to transfer the acquired knowledge and information to the district level. These events (COS Boards of District respective leaders) also solve principal and essential problems of the categories, provide them with basic programme and targets.</p> <p>Besides the mentioned “Age Categories Boards” there are Boards of Specialists in various activities (e.g. yoga, aerobics, tourism, remedial exercises etc.) which work in similar structures and on similar principles as those first ones.</p> <p>These two structures can be found as “horizontal” and “vertical”. Both structures can mutually penetrate and overlap. Both of them work according to year-long schedules. As indicated both structures work on COS central level but principally the same system works on the level of Sokol Districts (42 within COS).</p>



EuroVolNet good examples



▶ Name of the organization	Czech Sokol Organization (COS)
▶ Name / Title of the example	Sustainable Care for Volunteers
▶ Project description	<p>The “Age Category Boards” regularly meet with the those District leaders and consult with them the programme of the seminars, and other types of gatherings and generally the program of activities and aims of the respective categories. The Boards of Specialists work on the same basis.</p> <p>Some of the planned events are organized with the Sokol Central School. Most of the meetings, seminars and gatherings are organized during week-ends and consist of both theoretical and practical parts. There are always parts repeating older knowledge and information followed by new information and trends. The events on the central level are then followed by those on district or even unit levels.</p>
▶ Period of implementation	From 2011 onwards, Ongoing
▶ Level of Activities	Local, Regional, National
▶ Results Achieved	<ul style="list-style-type: none">- The described system ensures stabilization of trainers staff and guarantees the good level of the practised activities in Sokol Units.- The results and motivation for the trainers are various mutual events in which their gymnasts participate and where the trainers can compare the level of their results (competitions, shows, Sokol Slets - festivals etc.).
▶ Contact details	<p>Name of the organization: Czech Sokol Organization (COS)</p> <p>Contact person: Vladimír Dostál</p> <p>Email: vdostal@sokol.eu // +420 257 007 244</p>

EuroVolNet good examples



▶ Name of the organization	ClubSportNI, UK
▶ Name / Title of the example	ClubSportNI
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches - Event and activity supporters
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group, - Retention of volunteers on practical level - Innovative partnerships and funding models
▶ Objectives	ClubSportNI pulls together all the former sports councils within North Lanarkshire to provide a “one stop shop” fit for the 21st century to support the voluntary sector and assist them to achieve their potential whilst providing a whole range of services for members to work towards a “fit for purpose” status.
▶ Project description	<p>Recognising the fragmented structure and declining membership levels of sport /volunteer organisations and the need to best utilise limited resources and following a lengthy consultation it was agreed to form a single organisation to represent the voluntary sector within North Lanarkshire it was agreed to form clubsportni.</p> <p>Managed by the volunteer for the volunteer and supported by North Lanarkshire Council / North Lanarkshire Leisure, clubsportni shall provide a number of services including:</p> <ul style="list-style-type: none"> - Access to mini-buses - Access to small grants - Information and Advice - Support for talent athletes - Links to Active Schools - Dedicated web-site - Support for events - Access to equipment - External funding information - Developmental opportunities - Discount on goods / services - Training (generic / specific) - Access to NLL's Sports Development team - Marketing & promotional opportunities - Opportunity to participate at events / competitions



EuroVolNet good examples



▶ Name of the organization	ClubSportNI, UK
▶ Name / Title of the example	ClubSportNI
▶ Project description	The MOST important benefit of membership is the knowledge, skills and experiences that members bring to clubsportni and to individuals. Clubsportni provides a platform for the sharing of good practise and the promotion of volunteering opportunities
▶ Period of implementation	Ongoing
▶ Level of Activities	Local
▶ Results Achieved	Clubsportni is a model of good practise for others to follow and a benchmark organisations for others to aspire to.
▶ Contact details	Name of the organization: Clubsportni Contact person: Jim Moffat Email: moffatj@nleisure.co.uk // + 44 1236 437756



EuroVolNet good examples



▶ Name of the organization	Clydesdale Sports Council
▶ Name / Title of the example	The value of volunteers
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches, - Event and activity supporters - Young and Older Sportsmen & Women
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Retention of volunteers on practical level - Recognition of volunteers on public level - Influence or contribute to laws, government policies or recommendations on volunteering - Promotion of the social and economical value of volunteering group
▶ Objectives	<ul style="list-style-type: none"> - To organise a wide variety of Sport and Physical Activity projects in a rural area - To give young, older, male and female the opportunity to participate a wide and varied programme of Sport for All. - To work in partnership with clubs, volunteers and South lanarkshire Leisure & Culture Trust.
▶ Project description	<p>Clydesdale Sports Council, a local sports organisation was formed in 1982 and twenty years later still plays an important role in the organisation of sporting and physical activity in the small rural community of the Clydesdale area which has a population of 50,000.</p> <p>This community organisation which is a member of the Scottish Association of Local Sports Councils in 1996 became a partner of South Lanarkshire Leisure following the reorganisation of Local Authorities and the Sports Council works very closely with South Lanarkshire to provide sporting opportunities for residents of the Clydesdale Area, one of four Districts in South lanarkshire. The Sports Councils main focus is working with youngsters and Seniors 60+.</p> <p>The office Bears and management committee of the Sports Council are volunteers and in partnership with the local sports clubs who provide many volunteers to organise a wide and varied programme of Tournaments, Competitions, District Championships and Schools of Sport. A wide range of activities for Seniors 60+ age group include the following, Winter Leagues and competitions for older people in rural areas. In the summer however golf and bowls, popular activities in Scotland feature Leagues, Individual and team tournaments to bring senior citizens together for physical activity and friendship.</p>

EuroVolNet good examples



▶ Name of the organization : Clydesdale Sports Council

▶ Name / Title of the example : **The value of volunteers**

▶ Project description

During the year outdoor and indoor programme is wide and varied through sports such as Badminton, Athletics, Football and Bowls. Residential District Schools of Sport are organised at Scotlands National Sports Centre, Inverclyde, Largs in a variety of sports including Hockey, Football, Athletics, Badminton, Gymnastics which is supported by numerous volunteer coaches.

The Clydesdale Sports Council also organises a prestigious Dinner each year not only to recognise talented sportspersons but coaches who give of their time throughout the year to tutor and develop young people in sport and to recognise the volunteers who do the necessary volunteering in the club scene through coaching, administration, transport assistants and the washing of team strips.

In addition to the recognition awards through the local Sports Councils each area in Scotland in partnership with SportScotland and the Scottish Association of Local Sports Councils present a prestigious recognition award each year to an individual who has an outstanding record of Volunteering in Sport for more than 25/30 years, ie a lifetime.

▶ Period of implementation

1982, ongoing

▶ Level of Activities

Local, Regional, National, International

▶ Results Achieved

- With the dedication of time given by volunteers it is of great benefit to communities in making projects happen.
- The amount of evening and weekend activities that can happen with the army of volunteers is unbelievable.
- On occasions however active clubs can suffer if they do not have individuals available when long serving volunteers retire or through illness.
- The developing of volunteers and receiving their commitment is crucial.
- Continuous recruitment is also vital.

▶ Contact details

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EuroVolNet good examples



▶ Name of the organization	DTB - Deutscher Turner-Bund
▶ Name / Title of the example	DTB Academy
▶ Target group	- Trainers/coaches
▶ Dimension	- Education and training for the target group - Retention of volunteers on practical level
▶ Objectives	- To get High qualification of instructors for the <Gym-World> - To match the needs of clubs and costumers/ members - To develop new program every year.
▶ Project description	<p>DTB has at its disposal a very broad non-formal, but highly structured education and training system for volunteers engaged as instructors and coaches in sport clubs. Within 3 levels 46 profiles are offered for different sport activities and target groups. This education system and its licences are based on the general education guidelines of the German Olympic Sport Confederation.</p> <p>In addition to this system the DTB-Academy was established to be able to react faster and more flexible to the needs of the health and fitness market with high quality and trend orientated education measures. The DTB-Academy is located in 8 cities all over Germany and provides special Academy-Certificates for DTB-Coach in 8 different profiles: "Group Fitness & Aerobic"; "Fitness & Apparatus Fitness"; "Dance & Choreography"; "Pilates & Yoga"; "Back & Health"; "Body & Mind"; "Aging"; "Children".</p>
▶ Period of implementation	Ongoing
▶ Level of Activities	Regional, National
▶ Results Achieved	- Since it has been established the DTB-Academy has become a big success with continuous growth of participants and more courses and increase of trendy profiles. - High efforts needed to coordinate the programme and common rules within all 8 sites, which has to be decided every year new in good time before the new season starts.
▶ Contact details	<p>Name of the organization: Deutscher Turner-Bund</p> <p>Contact person: Pia Pauly</p> <p>Email: pia.pauly@dtb-online.de // + 49 69 67801 136</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	The danish championship in club development
▶ Target group	<ul style="list-style-type: none">- Organizational leaders and managers- Trainers/coaches
▶ Dimension	<ul style="list-style-type: none">- Recruitment of volunteers- Recognition of volunteers on public level- Promotion of the social and economical value of volunteering
▶ Objectives	The project aims to create awareness of club development, inspire a number of clubs for innovation and development and create a number of clubs model to inspire other clubs.
▶ Project description	<p>Development of DGI member clubs is a main task for DGI. Many clubs are too busy in their daily lives to think about innovation and development. With this project DGI follows a number of clubs over a period of 8 month, help them to set up some goals for the club (about management, members, activities, facilities and local community involvement), give inspiration and helping them through the proces.</p> <p>37 clubs from all around the country was pointed out to participate in the proces. October 2011 4-8 leaders from all the clubs gathered to an opening conference and the proces was started. It runs until May 2012 there the outcome are ratet and 5 winners (in 5 different categories) are proclaimed.</p> <p>The championship will be repeated the following two years.</p>
▶ Period of implementation	2011 - 2014
▶ Level of Activities	Local, Regional, National
▶ Results Achieved	<ul style="list-style-type: none">- 37 very enthusiastic clubs joined the program.- High attension from the local medias.- On the long view there is a hope to get a number of model clubs spread all over the country who can show the way and give inspiration to other clubs on how to develop a sport-for-all club in the modern society
▶ Contact details	Name of the organization: DGI – Danish Gymnastic Association Contact person: Lars Mandrup Email: lars.mandrup@dgi.dk Telephone: +45 24255783



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	Event Manager
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches, - Event and activity supporters
▶ Dimension	<ul style="list-style-type: none"> - Education and training for the target group - Retention of volunteers on practical level - Innovative partnerships and funding models
▶ Objectives	To educate young volunteers to conceive, plan and implement different smaller events and street activities.
▶ Project description	<p>Street activities and event managing are popular activities among young volunteers in Denmark, and they are motivated through new training courses developed by DGI .</p> <p>The programme enables the young volunteers to conceive, plan and implement events.</p> <p>The event manager programme gives young people a variety of tools. They can come up with new events, and they can renew traditional activities such as general assemblies, sports tournaments and performances.</p> <p>The idea is that when young volunteers develop new, unconventional events and street activities, they will attract more young people to the local sports clubs and to the regional and national committees of DGI.</p> <p>As part of the training, the events managers are taught how to develop their idea, recruit volunteers, get in touch with the local media, and eventually lead the actual event and its participants.</p> <p>Links:http://www.dgi.dk/Traener/uddannelse/lederudd/nyheder/Bliv_eventmanager_[a28390].aspx</p>
▶ Period of implementation	2010 – 2011
▶ Level of Activities	Local
▶ Results Achieved	<ul style="list-style-type: none"> - On May the 6th 2011 fifteen young volunteers were presented with a certificate appointing them event managers. They were the very first to complete a new event manager training programme developed by Danish Gymnastic and Sport Associations (DGI) . - The many events presented during their last plenary session showed a variety of activities from gymnastics, swim and play, a networking week-end and renewal of a general assembly. - The new event managers were excited about the programme. They keep in touch on facebook and are ready to draw on each other's skills when managing future events.
▶ Contact details	<p>Name of the organization: DGI – Danish Gymnastic Association</p> <p>Contact person: Lars Mandrup</p> <p>Email: lars.mandrup@dgi.dk Telephone: +45 24255783</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	Street Agent
▶ Target group	<ul style="list-style-type: none"> - Trainers/coaches, - Event and activity supporters (assistants, parents, administration)
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group, - Retention of volunteers on practical level
▶ Objectives	To educate young volunteers to conceive, plan and implement different street soccer activities.
▶ Project description	<p>DGI Underground Street Agents are Denmark's first coach education in streetsoccer. A team of two young people between 18-30 years learn about PR, local community, technique, warming up etc. Hereafter they receive balls, banner, flyers, street-app, T-shirts, small rewards as well as a mobile number to SMS-publications. They are now Street agents who coach their own team.</p> <p>Hereby comes the responsibility, the players get high quality coaching, and the town/quarter will have an attractive activity in daily life. A session is once a week after school, f.ex. kl. 15. It has typically form as a competition. Each session has a theme with special focus, f.ex. shooting, passing, tackle etc.</p> <p>There are automatically being send a SMS to all the players 1,5 hour before every session. There are free show-up, and everybody can participate.</p> <p>A Street Agent wish to lift his/her team with high quality streetsoccer-coaching. He/she plays also on the street, and has perhaps been member of a footballclub. The Street Agent is respected in the neighbourhood which can be a 'ghetto', a rich suburb or any common living area all over the country.</p> <p>After the Street Agent education it is a local organizer in the residence area together with the nearest DGI-coordinator that supports the Street Agents in their daily activities. Regional and national Street Soccer Championships are organised by DGI.</p> <p>The innovative in this project is that it activates young people (boys) which we normally do not see in the clubs. It is young people who often are playing on the streets. Many of them come from social exposed areas but also from more wealthy areas. It has shown up to be a fine way to integrate people.</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	Street Agent
▶ Project description	<p>Many of the participants are not used to do organized sport and are not feeling well in the common football clubs. Therefore DGI developed this Street Agent education to learn them to organize it themselves on the streets where they live.</p> <p>Links: Underground: http://www.underground.dk/side/street_agents</p>
▶ Period of implementation	2010 – 2011
▶ Level of Activities	Local, Regional
▶ Results Achieved	<ul style="list-style-type: none">- 15 street agent was educated in 2010 in Copenhagen.- In 2012 street agents will be educated in other cities in Denmark.- In november 2011 the Danish team from DGI Underground won the (unofficial) European Championship in Street Soccer..
▶ Contact details	<p>Name of the organization: DGI – Danish Gymnastic Association</p> <p>Contact person: Lars Mandrup</p> <p>Email: lars.mandrup@dgi.dk Telephone: +45 24255783</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	Educations with ETCS-points
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches
▶ Dimension	<ul style="list-style-type: none"> - Education and training for the target group - Retention of volunteers on practical level
▶ Objectives	To offer volunteering leaders and trainers courses from DGI which are recognized in the formal educational system.
▶ Project description	<p>In collaboration with formal education institutions (f.ex. IBC (International Business College)) DGI are offering educations with ETCS points which can be used as part of a master education.</p> <p>Links:</p> <ul style="list-style-type: none"> - http://www.dgi.dk/Traener/uddannelse/lederudd/morgendagens.aspx - http://www.dgi.dk/Traener/uddannelse/Kurser/nyheder/Forandringsledelse_%E2%80%93_Modul_p%C3%A5_Diplomuddannelse_i_Ledelse_%5ba32996%5d.aspx
▶ Period of implementation	2006 – 2012
▶ Level of Activities	Regional, National, National
▶ Results Achieved	<ul style="list-style-type: none"> - An education in project management (10 ETCS) has been run for 5-6 years. - An education for trainers (5 ETCS) has been run for 2 years. - A new education for organization managers (5 ETCS) starts in 2012.
▶ Contact details	<p>Name of the organization: DGI – Danish Gymnastic Association</p> <p>Contact person: Lars Mandrup</p> <p>Email: lars.mandrup@dgi.dk Telephone: +45 24255783</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	FIL - Fremtidens Idræts Leder (sports leader for the future)
▶ Target group	- Trainers/coaches
▶ Dimension	- Recruitment of volunteers - Education and training for the target group, - Retention of volunteers on practical level
▶ Objectives	To educate and inspire young people (18 - 25 years) to volunteer
▶ Project description	<p>In collaboration with 4 folk high schools for sport (non-formal educations for young people of age 18-25 years) DGI has developed an education course (½ year) for the folk high schools. The course gives the students skills to be innovative volunteers in sport clubs and organizations.</p> <p>Training is an additional offer for young people on folk high schools. It's for people who want to work seriously with issues such as personal development, communication, leadership, health and sport diversity in associations.</p> <p>The purpose of the program:</p> <ul style="list-style-type: none"> • Creating pioneering people who have great professional and personal strength. • To train sports leaders with a broad sporting background, which also has jurisdiction to handle with new and different sports political, ethical and cultural challenges. • To train sports leaders who have an understanding of and insight into organizational, educational and health benefits for the development of associational life. • Promote personal growth and motivate conscious, reflective sports leaders through the high school stay. <p>The program is based on 120 hours education in 2 major topics:</p> <ul style="list-style-type: none"> • The world of sport • Personal development • Experience through internship and project work - eg. Working intensively from idea to execution of an event. • 2 ½ Study Days with exciting content <p>and much more ...</p> <p>Link: http://www.dgi.dk/Traener/uddannelse/lederudd/idraetsleder.aspx</p>



EuroVolNet good examples



▶ Name of the organization	DGI – Danish Gymnastic Association
▶ Name / Title of the example	FIL - Fremtidens IdrætsLeder (sports leader for the future)
▶ Period of implementation	2007 – 2012
▶ Level of Activities	Local, National
▶ Results Achieved	150 - 200 young people are taking the course every year
▶ Contact details	Name of the organization: DGI – Danish Gymnastic Association Contact person: Lars Mandrup Email: lars.mandrup@dgi.dk Telephone: +45 24255783



EuroVolNet good examples



▶ Name of the organization	LTSA - Latvia Trade Sport Association
▶ Name / Title of the example	Latvian Family Sport Festival
▶ Target group	<ul style="list-style-type: none"> - Families with children - Trainers/coaches
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group
▶ Objectives	<ul style="list-style-type: none"> - To promote interest on active recreation and healthy lifestyle, - To educate on physical activities as effective way how to prevent illnesses and as integral part of daily life, - To show how to spend free time actively.
▶ Project description	<p>Latvian Family Sport festivals are organized in Riga and also in other regions in Latvia: 6 - 7 festivals during a year. Family Sport Festival program includes different kind of sport activities. Volunteers are invited to take the responsibility on sport activities and to advice on healthy lifestyle. Students from different universities - Latvian Academy of Sport Education, Baltic International Academy, Latvian Medical Academy are participating and volunteering. This is also an education process within the University.</p> <p>Latvian Sport for All Association organizes these festivals 5 years thatnks to a large number of volunteers and thanks to good copporation with Universities and Municipalities. Volunteers get new experience and skills that are recognized by LTSA and Universities.</p>
▶ Period of implementation	2008 and ongoing
▶ Level of Activities	Local, Regional, National
▶ Results Achieved	<ul style="list-style-type: none"> - The festivals promote healthy lifestyle and this way give education on lifestyle to families, parents and kids - Festivals have popularized some news sport disciplines among families. - Higher participation of families in sport - Regular education of volunteers
▶ Contact details	<p>Name of the organization: Latvia Trade Sport Association Contact person: Galina Gorbatenkova Email: ltsa@riga.lv Telephone: +371 67226215</p>



EuroVolNet good examples



▶ Name of the organization	Romanian Sport For All Association
▶ Name / Title of the example	“Come volunteer with us! You will change something in your life! “
▶ Target group	<ul style="list-style-type: none"> - Trainers/coaches - Kids
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group - Retention of volunteers on practical level - Recognition of volunteers on public level
▶ Objectives	<ul style="list-style-type: none"> - Promotion and cultivation of sport for health, education and recreation, as part of lifestyle - Promoting volunteering, a basic element in education, which, by clarifying the procedures for cooperation: monitoring, assessment, resource allocation, is this year 2011 - European Year of Volunteering - a purpose for us, the representatives of Sport for All. - Promotion of volunteering in activities that involve movement and especially promote team sports, the concept of fair play, sportsmanship, otherwise useful in any area of daily life.
▶ Project description	<p>Romanian Sport for All Association promotes volunteering in activities that involve movement and especially promote team sports, the concept of fair play, sportsmanship, otherwise useful in any area of daily life. Young people are receptive and willing to involve, creating a real “chain of volunteers” that increases with each activity carried out and we follow the slogan: “Become a volunteer! Make a difference! “</p> <p>Organized activities are planned in a rigorous annual calendar of events and be conducted with funds obtained through the development of projects for various funding structures or through the support of sponsors, which, fortunately, have recently become increasingly receptive to such requests made to support children’s health education and became loyal collaborators for the County Association “Sport for All”.</p> <p>Projects and activities are structured on the idea of education, to maintain and improve health, integration of all children and young people, involving them in community life, in maintaining a healthy and clean environment, encouraging active participation in decision-making, promoting equality and combating discrimination, preventing and combating unemployment, juvenile delinquency, gender equality through human rights, equality of opportunity for every young person - access to education, employment, public services, participating as responsible members of society.</p>



EuroVolNet good examples



▶ Name of the organization	Romanian Sport for all Association
▶ Name / Title of the example	“Come volunteer with us! You will change something in your life! “
▶ Project description	<p>It is a need to face a period when time asks us not only to accept the transformation, but also to work towards it and voluntary activities carried out are beneficial both for the volunteer as an individual and for communities and society as a whole, it represents a way to address the needs and human, social, inter-generational and environmental challenges. Volunteering animates the noblest aspirations of mankind - peace, freedom, opportunity, security and justice for all people and invite all :</p> <p>“Come volunteer with us! You will change something in your life! “.</p>
▶ Period of implementation	Ongoing
▶ Level of Activities	Local
▶ Results Achieved	<p>Some of the activities undertaken that have become permanent:</p> <p>“The festival of traditional sports,” “Santa Claus Cup”, “The cup of neighborhoods” - for disadvantaged children, “The Summer Sports”, “The Sun Festival”, “The Ethnic Cup”, “Children’s Day” , “Friends of Nature”, which were popular events of the entire community, with the participation of village organization; “Streetball Cup”, “Village Days”, “Little Chess-Cup “, “City Day”, “Europe Day”, “The Cup of Gendarmerie”, “The Cup of Administration”, “Danube Day”, “Navy Day”, “International Roma Day,” “A cleaner school “, “A cleaner city” - the last ones having as a purpose the collection of garbage from roadsides and the contest, “Green My School” -a “recycling campaign” and a costume parade , etc..</p>
▶ Contact details	<p>Name of the organization: Romanian Sport for all Association</p> <p>Contact person: Cristina Dragan, Aurelia Suciu</p> <p>Email: sportulpentrutoti@yahoo.com ; cristi605@yahoo.com</p> <p>Telephone: +40 31 80 53 637</p>



EuroVolNet good examples



▶ Name of the organization	Romanian Sport for all Association
▶ Name / Title of the example	Let`s do it Romania!
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Event and activity supporters - Trainers/coaches - Club members
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education for volunteers, - Recognition of volunteers on public level - Promotion of the social and economical value of volunteering - Innovative partnerships
▶ Objectives	<ul style="list-style-type: none"> - Recruitment of volunteers for the country clean-up (authorities , NGO`s , companies, mass-media, public persons ,etc.) - Building coordinators` team - Finding partners - Identifying and solving organizational priorities - Identifying and recruitment of volunteers - Mapping the waste - Promoting the project
▶ Project description	<p>Action »Let`s do it Romania« is part of »Let`s do it world« an international cleanup project which means gathering people to collect waste and make the country cleaner and healthier in just one day. Romanian Sport for all Association and ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI OLT- ROMANIA was involved in this project and we gathered an increasing number of volunteers who managed to collect illegal garbage from the region and to prove that there are also persons who care about environment, about Romania, people who are not afraid to take action despite the common belief that Romania has no chances.</p> <p>It`s a kind of action that people would always join because of its civic impact. They were ready to see the good part of this country. They needed to get involved in this kind of project to believe Romania has changed and they are part of the change.</p> <p>The coordination strategy is important for the action at the first stage and then recruitment of volunteers. There were around 120 people between 6 and 65 years of age. Along the organization`s members other public persons, authorities and mass-media representatives joined the project. The action takes place in September every year in Caracal and surrounding areas.</p>



EuroVolNet good examples



▶ Name of the organization	Romanian Sport for all Association
▶ Name / Title of the example	Let`s do it Romania!
▶ Project description	Very important issue in the project is also education, education of coordinators and volunteers, who are all practically involved into the project. At the end of the project all volunteers are invited to the awarding ceremony to get a diploma for their succes and also a party.
▶ Period of implementation	From 2010 onwards, Ongoing every September
▶ Level of Activities	Local, Regional, National
▶ Results Achieved	Project »Lets do it Romania« bring every year more new volunteers and coordinators that join the activities. Recruitment is very good. Project still needs to get more media attention, new partners, sponsors and higher involvement of local authorities.
▶ Contact details	Name of the organization: ASOCIATIA JUDETEANA SPORTUL PENTRU TOTI OLT- ROMANIA Contact person: Florina Sandina Capitana Email: sandadance@yahoo.com Telephone: +40766638178



EuroVolNet good examples



▶ Name of the organization	Sport and Citizenship
▶ Name / Title of the example	European network on “Sport and Volunteering”
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches - Event and activity supporters - Each and every stakeholders interested in volunteering
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Influence or contribute to laws, government policies or recommendations on volunteering , - Promotion of the social and economical value of volunteering, - Innovative partnerships and funding models.
▶ Objectives	<ul style="list-style-type: none"> - Exchange of good practices - Information gathering, - Preparation and submission of concrete proposals for the future sports, program of the Union, these are the -certainly ambitious- steps we set, - Enrich the future EU sport program with few concrete proposals on this specific subject.
▶ Project description	<p>The European model of sport could not exist not even be justified without the support of millions of European citizens. The current context of economic and social crisis is globally harmful to the whole society, yet we can wonder if it could not create opportunities for synergies, yet underestimated, among the different actors. That is indeed the starting point of the network.</p> <p>While putting people -from different origins and backgrounds- in relation with others (associations, federations, politicians, sportsmen, scientists...) Sport and Citizenship would like to enable an exchange of views and develop a multidisciplinary and transverse reflection in order to study how far synergies between key stakeholders (sport movement, volunteering infrastructures, schools and private companies) are developed and what could be the EU added value on this very specific aspect of volunteering in sport.</p> <p>In practice, network members have access to interactive platform -so that they can exchange together- but also to communication areas (dedicated page in quarterly journal, publication with our media partners ...). The climax of the network is a campaign (publication of a final document and/or organisation of a round table) aiming at concrete political action.</p>



EuroVolNet good examples



▶ Name of the organization	Sport and Citizenship
▶ Name / Title of the example	European network on “Sport and Volunteering”
▶ Period of implementation	June 2010 – December 2012
▶ Level of Activities	Regional, National, International
▶ Results Achieved	<ul style="list-style-type: none">- More than 40 members of Network- Diversity of background of members: different countries as well as organisations represented- Ongoing process; Sport and Citizenship and Network members are preparing concrete proposals in order to ensure a better communication between stakeholders therefore enabling the development of more synergies and innovative partnerships.
▶ Contact details	<p>Name of the organization: Sport et Citoyenneté / Sport and Citizenship Contact person: Carole PONCHON Email: carole.ponchon@sportetcitoyennete.org Telephone: +33 2 41 38 51 26</p>



EuroVolNet good examples



▶ Name of the organization	Sports Union of Slovenia
▶ Name / Title of the example	SUS Academy
▶ Target group	- Trainers/coaches
▶ Dimension	Education and training for the target group
▶ Objectives	<p>Aim of the training:</p> <ul style="list-style-type: none"> - to develop volunteers with the name “trainer to sports and recreation in the area sports and recreation” with higher levels of competence.
▶ Project description	<p>The aim of the Academy is to organize planned lifelong and quality professional training for volunteering staff in the field of sport and recreation. The basic program comprises of the implementation of licensed training for coaches and trainers of sport and recreation, the implementation of the annual international seminar Management of Sport for All, the Slovene Forum for Sport for All and professional training to obtain qualifications for the coordinators of licensed programs of sport and recreation.</p> <p>Through education SUS wants to further train existing staff in management and recreation programs, train new volunteers in the field of recreational sports and improve the quality of coaches in the implementation of activities, acquisition of communication, organizational and leadership skills.</p> <p>Description and purpose of the training:</p> <ul style="list-style-type: none"> - to develop volunteers with the name “trainer to sports and recreation in the area sports and recreation” with higher levels of competence <p>Content of the training program to acquire basic knowledge of:</p> <ul style="list-style-type: none"> - methodology of learning and training in sports and recreation programs; - preparation, organization and implementation of training that maintains, enhances and promotes health; - security measures in the implementation of sports activities; - management and administration of sport and recreation programs, projects and events; - management of sports associations; - Training forms and preparing training programs in the recreation of the basic target groups: adolescents, the elderly, women and men.



EuroVolNet good examples



▶ Name of the organization	Sports Union of Slovenia
▶ Name / Title of the example	SUS Academy
▶ Project description	<p>SUS expects from participants:</p> <ul style="list-style-type: none">- to take information about the organization of sports and recreational sports, and on the basis knowledge plan, organize and implement training;- to familiarize themselves with the forms and methods of sports training and on the basis of the knowledge leads- organize activities in the local area;- to prepare training program and the individual exercise of their surroundings;- to learn and respect safe and healthy exercise;- to acquire specific types of training and are familiar with the various exercises that provide maintenance of health through exercise and recreation;- to transfer their knowledge to the local area;- to foreground the possibility of personal and social development associations at the local level.
▶ Period of implementation	Ongoing
▶ Level of Activities	National
▶ Results Achieved	A high number of new certified volunteers every year.
▶ Contact details	<p>Name of the organization: Sports Union of Slovenia Contact person: Rado Cvetek E-mail: rado.cvetek@sportna-unija.si, info@sportna-unija.si Telephone number: + 386 1 42 32 142</p>



EuroVolNet good examples



▶ Name of the organization	Streetgames UK
▶ Name / Title of the example	Co-operative Young Volunteers Programme
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches, - Event and activity supporters
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group, - Retention of volunteers on practical level - Recognition of volunteers on public level - Inclusion of disadvantaged or special target groups - Innovative partnerships and funding models
▶ Objectives	<ul style="list-style-type: none"> - To support local community groups and organisations to deliver a high quality volunteering programme that ensures young people from disadvantaged communities have access to sports volunteering opportunities. - To provide national support and guidance for volunteer managers - To ensure all young volunteers have access to personal development opportunities through volunteering
▶ Project description	<p>The Co-operative StreetGames Young Volunteers (CSYV) programme is a joint national initiative between The Co-operative Group and StreetGames. The scheme supports young people from disadvantaged areas to make the most of their talents and abilities through volunteering at their local StreetGames project. The CSYV programme provides much needed resources to projects including clothing, Access to training and personal development opportunities for both staff and volunteers, residential experiences, and an annual awards scheme celebrating the inspirational work of the young volunteers.</p> <p>The programme aims to prepare young volunteers from disadvantaged communities for adult life; giving them confidence, developing their skills, providing practical experience and formal qualifications to ensure they are equipped to enter into further education or employment.</p>
▶ Period of implementation	2007-2012
▶ Level of Activities	National
▶ Results Achieved	Over 3500 volunteers recruited, 81,231 coaching hours delivered by volunteers , 64% of young people have progressed in to Employment, Education or Training. The nominal cost saving for voluntary hours delivered = £398,844; 2862 accredited qualifications gained
▶ Contact details	<p>Name of the organization: Streetgames UK</p> <p>Contact person: Sue Heritage</p> <p>Email: sue.heritage@streetgames.org</p> <p>Telephone: +44 07534 241322</p>



EuroVolNet good examples



▶ Name of the organization	UISP - Unione Italiana Sport Per tutti
▶ Name / Title of the example	Social Balance: a new participated associative identity
▶ Target group	<ul style="list-style-type: none"> - Organizational leaders and managers - Trainers/coaches
▶ Dimension	<ul style="list-style-type: none"> - Recruitment of volunteers - Education and training for the target group, - Retention of volunteers on practical level - Promotion of the social and economical value of volunteering - Innovative partnerships and funding models
▶ Objectives	<ul style="list-style-type: none"> - Monitoring the activities of voluntary (local, regional) - Identification of the different volunteers profiles - Identifying the number of volunteers in Emilia Romagna region
▶ Project description	<p>The engine of Italian National Sports System is represented by the volunteers of sport: a group of people who, thanks to their passion and their commitment to free, have played an important social function, ensuring that the sports could carry out and grow its activities in civil society. The public institutions and the whole sports system have, in recent years, relied on the presence of this “community within the community”, allowing it to cure most of the issues involved in setting up the sport, including young population.</p> <p>In Italy the majority of sporting activity takes place in facilities that are not for profit and in this situation is used the fundamental work of “volunteers”.</p> <p>These facilities receive public assistance or financial support of companies to ensure the provision of quality sports for all citizens.</p> <p>The most recent studies estimate a total number of volunteers more than 100,000 units in Emilia Romagna region. Obviously the number [this is an estimate on a statistical basis] can not be mapped in detail the phenomenon and its real proportions. Based on these estimates, however, possible to assume a dimension of the social impact generated by the voluntary sport in the region.</p> <p>For this calculation the research starts from the number of the Registry Regional Society [n. 15,899], estimating a weighted average of n. 8 volunteers each. So, doing it the research obtained a total of 111,293 sports volunteers in Emilia Romagna region. For each volunteer was then weighted an average of 5 hours per week of activity. The result was a number of hours per week of n. 556,465. Assuming, then, that the performance of voluntary work is carried out for about 40 weeks per year, has received the total annual hours of voluntary sports clubs in the sport given the Emilia-Romagna: n. 22,258,600 hours total.</p>



EuroVolNet good examples



Name of the organization	UISP - Unione Italiana Sport Per tutti, Italy
Name / Title of the example	Social Balance: a new participated associative identity
Period of implementation	From September 2010/September 2011
Level of Activities	Local, Regional
Results Achieved	<p>Today, the change taking place in practice patterns and the growing “economic environment” are strongly influencing the traditional role of the voluntary in sport. UISP is going to a model of “professionalized voluntary” can, provide a payment in respect of carried out. Actually situation must take note that the model of voluntary sport has become a new figure, highly qualified professional with a specific and clear: whether it be sports-technical, managerial or other.</p> <p><u>2 main results:</u></p> <ol style="list-style-type: none">1) Created the professionalization of voluntary role.2) This process created a “new” figure of a volunteer, more consistent with the model in place and the historical moment that sport plays in this phase: combine the “professional volunteers” with a professional skills and with the spirit of “ideological voluntary”. <p>The regional sports system, with the support of the Regional School of CONI, universities, sport organization/association can design and propose pathways for the development of specific skills of the volunteer. As a general trend, it is necessary to clear and unambiguous definition of the category of “voluntary professional sports”, distinguishing it from the volunteers involved in social activities outside sports.</p>
Contact details	<p>Name of the organization: UISP - Unione Italiana Sport Per tutti, Italy</p> <p>Contact person: Carlo Balestri</p> <p>Email: internazionale@uisp.it Telephone: +39.3483927429</p>