

## Target group: Families with Children

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▶ Name of the organization	LTSA - Latvia Trade Sport Association
▶ Name / Title of the example	<b>Latvian Family Sport Festival</b>
▶ Target group	<ul style="list-style-type: none"> <li>- Families with children</li> <li>- Trainers/coaches</li> </ul>
▶ Dimension	<ul style="list-style-type: none"> <li>- Recruitment of volunteers</li> <li>- Education and training for the target group</li> </ul>
▶ Objectives	<ul style="list-style-type: none"> <li>- To promote interest on active recreation and healthy lifestyle,</li> <li>- To educate on physical activities as effective way how to prevent illnesses and as integral part of daily life,</li> <li>- To show how to spend free time actively.</li> </ul>
▶ Project description	<p>Latvian Family Sport festivals are organized in Riga and also in other regions in Latvia: 6 - 7 festivals during a year. Family Sport Festival program includes different kind of sport activities. Volunteers are invited to take the responsibility on sport activities and to advice on healthy lifestyle. Students from different universities - Latvian Academy of Sport Education, Baltic International Academy, Latvian Medical Academy are participating and volunteering. This is also an education process within the University.</p> <p>Latvian Sport for All Association organizes these festivals 5 years thatnks to a large number of volunteers and thanks to good copperation with Universities and Municipalities. Volunteers get new experience and skills that are recognized by LTSA and Universities.</p>
▶ Period of implementation	2008 and ongoing
▶ Level of Activities	Local, Regional, National
▶ Results Achieved	<ul style="list-style-type: none"> <li>- The festivals promote healthy lifestyle and this way give education on lifestyle to families, parents and kids</li> <li>- Festivals have popularized some news sport disciplines among families.</li> <li>- Higher participation of families in sport</li> <li>- Regular education of volunteers</li> </ul>
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# EuroVolNet good examples



▶ Name of the organization	Romanian Sport For All Association
▶ Name / Title of the example	<b>“Come volunteer with us! You will change something in your life! “</b>
▶ Target group	<ul style="list-style-type: none"> <li>- Trainers/coaches</li> <li>- Kids</li> </ul>
▶ Dimension	<ul style="list-style-type: none"> <li>- Recruitment of volunteers</li> <li>- Education and training for the target group</li> <li>- Retention of volunteers on practical level</li> <li>- Recognition of volunteers on public level</li> </ul>
▶ Objectives	<ul style="list-style-type: none"> <li>- Promotion and cultivation of sport for health, education and recreation, as part of lifestyle</li> <li>- Promoting volunteering, a basic element in education, which, by clarifying the procedures for cooperation: monitoring, assessment, resource allocation, is this year 2011 - European Year of Volunteering - a purpose for us, the representatives of Sport for All.</li> <li>- Promotion of volunteering in activities that involve movement and especially promote team sports, the concept of fair play, sportsmanship, otherwise useful in any area of daily life.</li> </ul>
▶ Project description	<p>Romanian Sport for All Association promotes volunteering in activities that involve movement and especially promote team sports, the concept of fair play, sportsmanship, otherwise useful in any area of daily life. Young people are receptive and willing to involve, creating a real “chain of volunteers” that increases with each activity carried out and we follow the slogan: “Become a volunteer! Make a difference! “</p> <p>Organized activities are planned in a rigorous annual calendar of events and be conducted with funds obtained through the development of projects for various funding structures or through the support of sponsors, which, fortunately, have recently become increasingly receptive to such requests made to support children’s health education and became loyal collaborators for the County Association “Sport for All”.</p> <p>Projects and activities are structured on the idea of education, to maintain and improve health, integration of all children and young people, involving them in community life, in maintaining a healthy and clean environment, encouraging active participation in decision-making, promoting equality and combating discrimination, preventing and combating unemployment, juvenile delinquency, gender equality through human rights, equality of opportunity for every young person - access to education, employment, public services, participating as responsible members of society.</p>



# EuroVolNet good examples



▶ Name of the organization	Romanian Sport for all Association
▶ Name / Title of the example	<b>“Come volunteer with us! You will change something in your life! “</b>
▶ Project description	<p>It is a need to face a period when time asks us not only to accept the transformation, but also to work towards it and voluntary activities carried out are beneficial both for the volunteer as an individual and for communities and society as a whole, it represents a way to address the needs and human, social, inter-generational and environmental challenges. Volunteering animates the noblest aspirations of mankind - peace, freedom, opportunity, security and justice for all people and invite all :</p> <p>“Come volunteer with us! You will change something in your life! “.</p>
▶ Period of implementation	Ongoing
▶ Level of Activities	Local
▶ Results Achieved	<p>Some of the activities undertaken that have become permanent:</p> <p>“The festival of traditional sports,” “Santa Claus Cup”, “The cup of neighborhoods” - for disadvantaged children, “The Summer Sports”, “The Sun Festival”, “The Ethnic Cup”, “Children’s Day” , “Friends of Nature”, which were popular events of the entire community, with the participation of village organization; “Streetball Cup”, “Village Days”, “Little Chess-Cup “, “City Day”, “Europe Day”, “The Cup of Gendarmerie”, “The Cup of Administration”, “Danube Day”, “Navy Day”, “International Roma Day,” “A cleaner school “, “A cleaner city” - the last ones having as a purpose the collection of garbage from roadsides and the contest, “Green My School” -a “recycling campaign” and a costume parade , etc..</p>
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