



Partnership for sports volunteering development

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How much of the sports volunteering potential
are we using at the moment?



The GAP



Sports volunteering

WIN – WIN result



Marecki Klub Sportowy



The key to success

MOTIVES



Volunteer Motives

Self – oriented vs. Others - Oriented



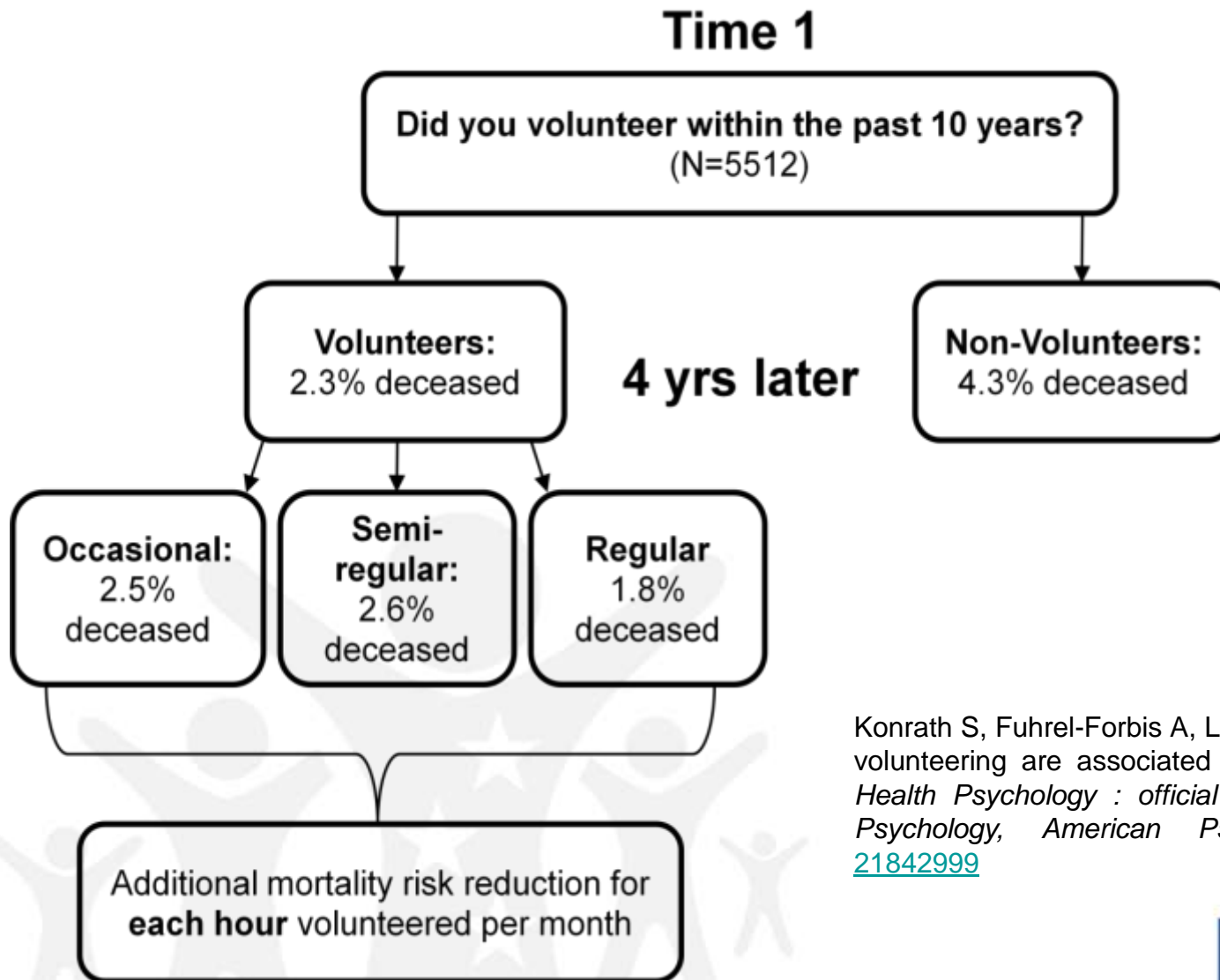
What drives sports volunteers?

1. Helping the community– 45 – 54 + years old
2. Helping others– 55+ years old
3. Social interaction – 15 – 34 years old
4. Recognition– 15 – 24 years old
5. Cultural norms – 15 – 24 years old
6. Diversion – 15-34 years old
7. Career advancement– 15 – 24 years old
8. Sense of obligation– 35 – 44 years old

Volunteers live longer than non-volunteers...

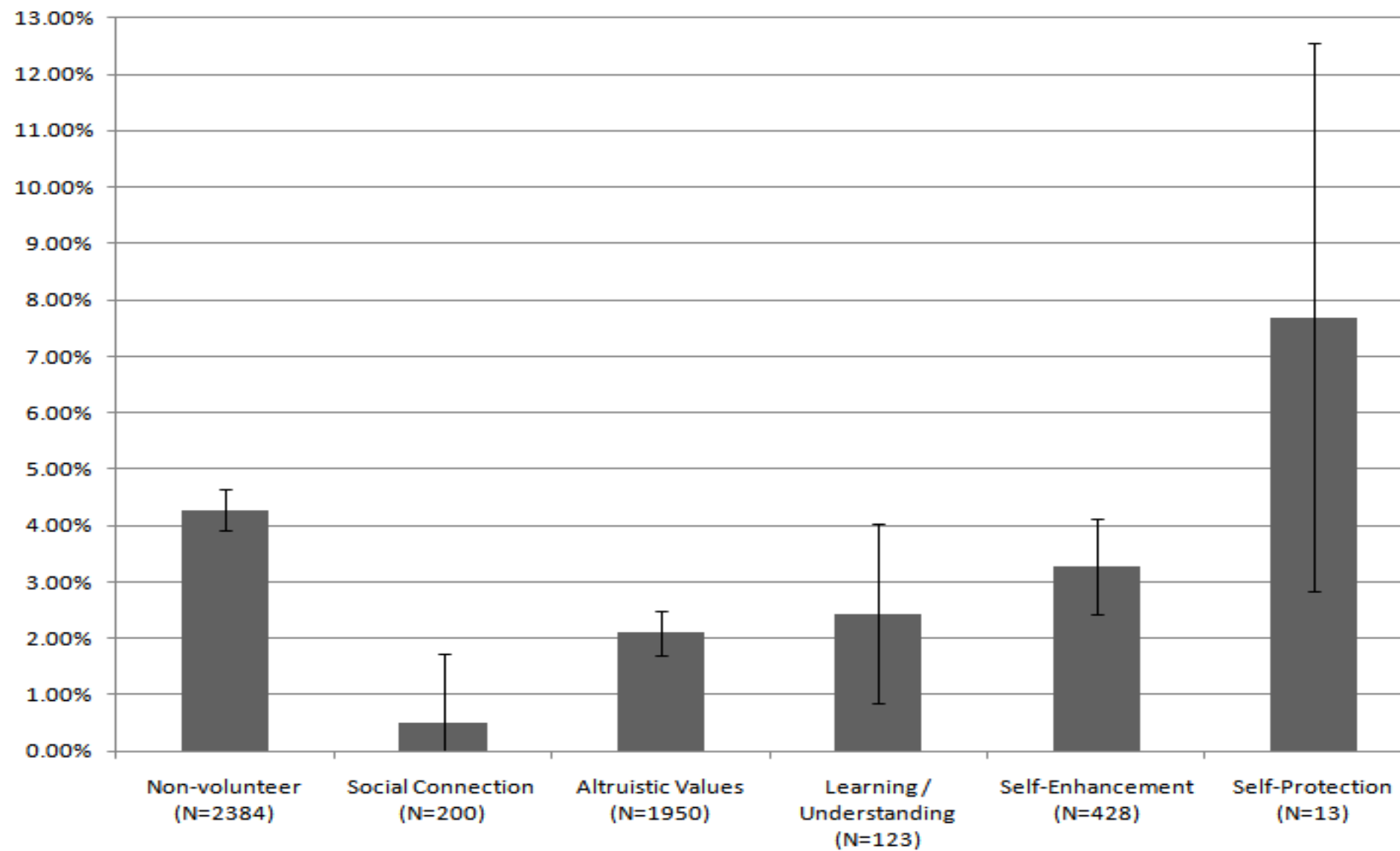


VOLUNTEERING MOTIVES AND MORTALITY RISK



Konrath S, Fuhrel-Forbis A, Lou A, & Brown S (2011). Motives for volunteering are associated with mortality risk in older adults. *Health Psychology : official journal of the Division of Health Psychology, American Psychological Association* PMID [21842999](https://pubmed.ncbi.nlm.nih.gov/21842999/)

Percentage of respondents who were deceased in 2008, categorized by highest motive for volunteering, as compared to non-volunteers.



Volunteers live longer than non-volunteers,
but this is only true if they volunteer for other-
oriented reasons.

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Thank you

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