Ungmennafélag Íslands Icelandic youth association

Founded 1907







18 Regional Associations

12 Clubs with direct membership

90.000 members

Sport for all in Iceland

• Get the public to exercise on a regular basis.

Ministry of Health

new guideline for health.

Ministry of education and sport
 new guideline for sports.



UMFÍ's challenges

- Encourage people to practise healthier lifestyle.
- Encourage people to participate in UMFÍ's projects.



UMFÍ's Priorities in 2009

- Youth National Sport Festival
- National Sport Festival
- Athletic Sport Academy
- Encourage people older than 60 to hike
- Walking in Iceland



UMFÍ member of ISCA

• Part of a universal association in sport and culture.

• Co-operation with sister associations.

Opportunity to meet and learn from ISCA members.



UMFÍ's expectations

- That ISCA continues the positive work.
- That ISCA promotes the social value.
- That ISCA promotes healthier lifestyle.
- That ISCA promotes "Sport for all" to authorities.



UMFÍ's contribution

• Communicate and share information.

ISCA members can learn from UMFÍ's activities.



UMFÍ's general feeling

• Positive

• Widens our horizon

- Encourages us to work harder
- More aware of our work and achievements



Thank you



