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Physical Activity Towards a Healthier Europe"

is design to build on the infrastructure of national associations of physical activity, that currently represent over 70 million Europeans .

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Health and fitness related activities should have priority in the organisations, ISCA members.

This goal is transformed into the concrete long-term ISCA-Project



PATHE (Physical Activity Towards a Healthier Europe), that in close cooperation with four associate partners:

- Slovenian Sports Union (SUS)
- Unione Italiana sport per tutti (UISP)
- Union Sportive de l'Enseignement du Premier degré (USEP)
- Danish Gymnastics and Sports Association (DGI)

works to build capacity in the European Sport for All Organisations and disseminates knowledge on the use of physical activity in health initiatives.



PATHE challenges



- Project managers
- Associate partners
- 15 Collaborating Partners
- 17 countries
- 1 main project PATHE, 6 National initiatives and more than 15 National health and physical activities promotion campaigns
- Support and strengthen SFA organisations
- Implement EC White Paper



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PATHE is:

- knowledge
- experience
- planning
- managing
- development
- dissemination
- promotion
- help
- work
- examples
- commitment



The Sport for All organisations have the potential and capacity to make an invaluable contribution to individual health on a large scale.



PATHE activities



- Opening meeting 2007 on the international level (IL)
- Seminar 2008 on IL
- Seminar 2009 on IL
- Mid-term meeting on IL
- Closing Conference on IL
- 15 Twinning meetings on the national level
- 20 consultations meetings on the national level
- Phone calls, conversations, e-mails, networking.....on the personal level
- PATHE leaflet
- PATHE Pamphlet
- PATHE handbook





Statements of the PATHE Project managers:

"If we want to fully release the human capital in society – improvement of health is a precondition."

"The Sport for All organisations have the potential and capacity to make an invaluable contribution to individual health on a large scale. "

"PATHE....is a good way of creating partnership."

"In striving for giving every single person the opportunity to be an active human being in a strong social context with a high quality in all aspects - and do this in well organised and easy accessible conditions we need to help each other by sharing knowledge and experience. "

" Managing a sports organization is therefore, becoming an ever more increasingly demanding task. Reason more for exchanging the good practice and experiences and this is from my point of view the most important added value of PATHE project which I manage. "

"By promoting physical activity and sports, the goal is to try to develop the taste and culture of a balanced physical practice through the pleasure and help the child become an actor of his health. "





THANK YOU

