

*Dear Partner,*

*in the following pages you will find some closed and open-ended questions aimed at investigating good practices in Health Enhancing Physical Activity sector implemented by your organization in last 5 years (2005-2010). The results of this survey will be used for the implementation of the SANTE Handbook.*

*For the purpose of this investigation as "practice" we refer to programs, projects, and any other activities implemented by your organization.*

*General instructions for respondents*

- *Tick the appropriate boxes for the closed-ended questions;*
- *Fill in the open-ended questions within the required amount of text;*
- *Use the practice fact sheet to provide further information about the listed practices.*

Name of the Organisation

Contact Person

Position

E-mail address

*Please list the name of up to 5 practices implemented in the HEPA sector by your organisation within last 5 years*

Practice n.1

Practice n. 2

Practice n. 3

Practice n. 4

Practice n. 5

# Practice Fact Sheet number 1

## 1. Name of the practice

## 2. Main theme (please highlight one from the list agreed during the Sante kick-off meeting )

## 3. Period of implementation

From (mm/yyyy)

to (mm/yyyy)

## 4. Dimension

(please tick more options where needed)

- ☐ Local
- ☐ National
- ☐ European/  
International

## 5. Target groups

(please tick more options where needed)

- ☐ youth
- ☐ seniors
- ☐ children
- ☐ inactive citizens

other, specify

## 6. Setting

(please tick more options where needed)

- ☐ sport clubs
- ☐ kindergardens
- ☐ schools
- ☐ work places
- ☐ urban setting

other, specify

## 7. Activity types

(please tick more options where needed)

- ☐ team sport
- ☐ individual training
- ☐ fitness concepts
- ☐ non-formal activities

other, specify

## 8. Methodologies

(please tick more options where needed)

- ☐ quality marks
- ☐ campaigns
- ☐ festivals
- ☐ education

other, specify

## 9. Partnership

(please tick more options where needed)

- ☐ sport organisations
- ☐ health institutions/  
hospitals
- ☐ insurance companies
- ☐ municipalities
- ☐ patients associations
- ☐ national governments

other, specify

## 10. Does the practice have a written statement concerning sustainability?

☐ yes ☐ no

### 10.1 Could you shortly explain in what way is the project sustainable?

(max chart: 250)

## 11. Did you do a specific evaluation of outputs achieved?

☐ No ☐ Yes, but only a short term evaluation ☐ Yes, but only a medium-long term evaluation ☐ Yes, both a short and medium-long term evaluation

**12. Why, in your opinion, this should be considered as a good practice in the Hepa sector?** *(max chars: 1000)*

**13. Description of the practice**  
*please insert a short description of the practice by including the outreach of the project, results achieved, background, objectives, etc. (max chars: 1500)*

14. Please, provide us with an internet site where available

Finally, it would be very helpful to get some relevant pictures about the project. Where available, when sending the questionnaire (see instructions) enclosed them as attached file. (please in renaming files use the title of the project)

## Practice Fact Sheet number 2

### 1. Name of the practice

### 2. Main theme (please highlight one from the list agreed during the Sante kick-off meeting )

### 3. Period of implementation

From (mm/yyyy)

to (mm/yyyy)

### 4. Dimension

(please tick more options where needed)

- ☐ Local
- ☐ National
- ☐ European/  
International

### 5. Target groups

(please tick more options where needed)

- ☐ youth
- ☐ seniors
- ☐ children
- ☐ inactive citizens

other, specify

### 6. Setting

(please tick more options where needed)

- ☐ sport clubs
- ☐ kindergardens
- ☐ schools
- ☐ work places
- ☐ urban setting

other, specify

### 7. Activity types

(please tick more options where needed)

- ☐ team sport
- ☐ individual training
- ☐ fitness concepts
- ☐ non-formal activities

other, specify

### 8. Methodologies

(please tick more options where needed)

- ☐ quality marks
- ☐ campaigns
- ☐ festivals
- ☐ education

other, specify

### 9. Partnership

(please tick more options where needed)

- ☐ sport organisations
- ☐ health institutions/  
hospitals
- ☐ insurance companies
- ☐ municipalities
- ☐ patients associations
- ☐ national governments

other, specify

### 10. Does the practice have a written statement concerning sustainability?

☐ yes ☐ no

#### 10.1 Could you shortly explain in what way is the project sustainable?

(max chart: 250)

### 11. Did you do a specific evaluation of outputs achieved?

☐ No ☐ Yes, but only a short term evaluation ☐ Yes, but only a medium-long term evaluation ☐ Yes, both a short and medium-long term evaluation

**12. Why, in your opinion, this should be considered as a good practice in the Hepa sector?** *(max chars: 1000)*

**13. Description of the practice**  
*please insert a short description of the practice by including the outreach of the project, results achieved, background, objectives, etc. (max chars: 1500)*

14. Please, provide us with an internet site where available

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## Practice Fact Sheet number 3

### 1. Name of the practice

### 2. Main theme (please highlight one from the list agreed during the Sante kick-off meeting )

### 3. Period of implementation

From (mm/yyyy)

to (mm/yyyy)

### 4. Dimension

(please tick more options where needed)

- ☐ Local
- ☐ National
- ☐ European/  
International

### 5. Target groups

(please tick more options where needed)

- ☐ youth
- ☐ seniors
- ☐ children
- ☐ inactive citizens

other, specify

### 6. Setting

(please tick more options where needed)

- ☐ sport clubs
- ☐ kindergardens
- ☐ schools
- ☐ work places
- ☐ urban setting

other, specify

### 7. Activity types

(please tick more options where needed)

- ☐ team sport
- ☐ individual training
- ☐ fitness concepts
- ☐ non-formal activities

other, specify

### 8. Methodologies

(please tick more options where needed)

- ☐ quality marks
- ☐ campaigns
- ☐ festivals
- ☐ education

other, specify

### 9. Partnership

(please tick more options where needed)

- ☐ sport  
organisations
- ☐ health institutions/  
hospitals
- ☐ insurance  
companies
- ☐ municipalities
- ☐ patients associations
- ☐ national  
governments

other, specify

### 10. Does the practice have a written statement concerning sustainability?

☐ yes ☐ no

#### 10.1 Could you shortly explain in what way is the project sustainable?

(max chart: 250)

### 11. Did you do a specific evaluation of outputs achieved?

☐ No ☐ Yes, but only a short term evaluation ☐ Yes, but only a medium-long term evaluation ☐ Yes, both a short and medium-long term evaluation

**12. Why, in your opinion, this should be considered as a good practice in the Hepa sector?** *(max chars: 1000)*

**13. Description of the practice**  
*please insert a short description of the practice by including the outreach of the project, results achieved, background, objectives, etc. (max chars: 1500)*

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## Practice Fact Sheet number 4

### 1. Name of the practice

### 2. Main theme (please highlight one from the list agreed during the Sante kick-off meeting )

### 3. Period of implementation

From (mm/yyyy)

to (mm/yyyy)

### 4. Dimension

(please tick more options where needed)

- ☐ Local
- ☐ National
- ☐ European/  
International

### 5. Target groups

(please tick more options where needed)

- ☐ youth
- ☐ seniors
- ☐ children
- ☐ inactive citizens

other, specify

### 6. Setting

(please tick more options where needed)

- ☐ sport clubs
- ☐ kindergardens
- ☐ schools
- ☐ work places
- ☐ urban setting

other, specify

### 7. Activity types

(please tick more options where needed)

- ☐ team sport
- ☐ individual training
- ☐ fitness concepts
- ☐ non-formal activities

other, specify

### 8. Methodologies

(please tick more options where needed)

- ☐ quality marks
- ☐ campaigns
- ☐ festivals
- ☐ education

other, specify

### 9. Partnership

(please tick more options where needed)

- ☐ sport organisations
- ☐ health institutions/  
hospitals
- ☐ insurance companies
- ☐ municipalities
- ☐ patients associations
- ☐ national governments

other, specify

### 10. Does the practice have a written statement concerning sustainability?

☐ yes ☐ no

#### 10.1 Could you shortly explain in what way is the project sustainable?

(max chart: 250)

### 11. Did you do a specific evaluation of outputs achieved?

☐ No ☐ Yes, but only a short term evaluation ☐ Yes, but only a medium-long term evaluation ☐ Yes, both a short and medium-long term evaluation



**12. Why, in your opinion, this should be considered as a good practice in the Hepa sector?** *(max chars: 1000)*

**13. Description of the practice**  
*please insert a short description of the practice by including the outreach of the project, results achieved, background, objectives, etc. (max chars: 1500)*

14. Please, provide us with an internet site where available

Finally, it would be very helpful to get some relevant pictures about the project. Where available, when sending the questionnaire (see instructions) enclosed them as attached file. (please in renaming files use the title of the project)

## Practice Fact Sheet number 5

### 1. Name of the practice

### 2. Main theme (please highlight one from the list agreed during the Sante kick-off meeting )

### 3. Period of implementation

From (mm/yyyy)

to (mm/yyyy)

### 4. Dimension

(please tick more options where needed)

- ☐ Local
- ☐ National
- ☐ European/  
International

### 5. Target groups

(please tick more options where needed)

- ☐ youth
- ☐ seniors
- ☐ children
- ☐ inactive citizens

other, specify

### 6. Setting

(please tick more options where needed)

- ☐ sport clubs
- ☐ kindergardens
- ☐ schools
- ☐ work places
- ☐ urban setting

other, specify

### 7. Activity types

(please tick more options where needed)

- ☐ team sport
- ☐ individual training
- ☐ fitness concepts
- ☐ non-formal activities

other, specify

### 8. Methodologies

(please tick more options where needed)

- ☐ quality marks
- ☐ campaigns
- ☐ festivals
- ☐ education

other, specify

### 9. Partnership

(please tick more options where needed)

- ☐ sport  
organisations
- ☐ health institutions/  
hospitals
- ☐ insurance  
companies
- ☐ municipalities
- ☐ patients associations
- ☐ national  
governments

other, specify

### 10. Does the practice have a written statement concerning sustainability?

☐ yes ☐ no

### 10.1 Could you shortly explain in what way is the project sustainable?

(max chart: 250)

### 11. Did you do a specific evaluation of outputs achieved?

☐ No ☐ Yes, but only a short term evaluation ☐ Yes, but only a medium-long term evaluation ☐ Yes, both a short and medium-long term evaluation

**12. Why, in your opinion, this should be considered as a good practice in the Hepa sector?** *(max chars: 1000)*

**13. Description of the practice**  
*please insert a short description of the practice by including the outreach of the project, results achieved, background, objectives, etc. (max chars: 1500)*

14. Please, provide us with an internet site where available

Finally, it would be very helpful to get some relevant pictures about the project. Where available, when sending the questionnaire (see instructions) enclosed them as attached file. (please in renaming files use the title of the project)

thank you for all the information provided. Now we kindly ask you to send data to **s.digennaro@unicas.it** by pressing one of the buttons below  
Please, feel free to use the same address, to send papers, flyers, sheets and any other documents that can better describe the mentioned practices.

For specific indication concerning the sending procedure, please refer to the instructions enclosed with the questionnaire