



**INTERNATIONALES
DEUTSCHES
TURNFEST**
BERLIN 03.-10.JUNI 2017

International Symposium Gymnastics for All

Discover the exciting world of Gymnastics for All



Our



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aufgrund eines Beschlusses
des Deutschen Bundestages



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To all national/ international gymnastics and sports union executives,

The German Gymnastics Federation (DTB), the International Sports and Culture Association (ISCA), and the European Gymnastics Union (UEG) would like to cordially invite you to the International Symposium Gymnastics for All, which will be held from June 3rd - 7th 2017 as part of the "International German Gymnastics Festival".

For the first time ever, the international symposium, with the motto „discover the exciting world of gymnastics for all“, will be held as part of the "International German Gymnastics Festival", the world's largest comprehensive sports festival.

Key topics addressed at the symposium will be:

- Gymnastics as a tool for physical activity and sports for all promotion
- International gymnastics festivals and events: Why? What? How?
- Enhancing competences of instructors and leaders in Gymnastics for All

Further explanations of each topic can be found in the enclosed program.

Additional guided tours of notable sights and special events and physical activities will also be available. Tours will make sure to take participants desires and requests into account in determining which sites are visited. The visit of the exciting show "Gymnastics Festival Gala" will become a very special experience.

To ensure the future improvement and development of your organization and its members, we believe that your organization should be able to present newly developed and up-to-date events and physical activities to its members and member associations.

We invite you to use this once in a lifetime opportunity to meet with European leaders and to exchange ideas and prepare for the development of new trends in the field of gymnastics and sports for all.

Not only does the symposium present the chance to exchange information and further personal development, it will also present an opportunity to network with international members of the gymnastics and Sports for All All community.

All topics will be discussed in both theoretical and concrete/hands-on terms during a number of different sessions.

Individual participants can determine the length of their stay for themselves – please see the details enclosed in the "Conditions of participation" and "Cost of participation" sections.

The highlight of the symposium will be the visit to the "Stadium Gala", where we will describe on scene how an event of this magnitude was prepared and will be executed. With more than 6.000 participants ranging from children to seniors, and 70.000 spectators, the Gala at Berlin's Olympic Stadium will be the closing highlight of the "International Symposium Gymnastics for All".

We look forward to welcoming many participants to our festival and accompanying symposium.

Detlef Mann
Member of the DTB Board
Gymnastics for All

Prof. Dr. Herbert Hartmann
Former DTB Vice President
Gymnastics for All

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INTERNATIONAL SYMPOSIUM GYMNASTICS FOR ALL

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PROGRAMM

Saturday		03 June 2017	
Time	International Symposium Gymnastics for All		
from 15:00	Arrival		Motel One Berlin - Bellevue Paulstraße 21, 10557 Berlin Motel One Berlin - Bellevue
17:00 - 17:30	Welcome and opening remarks of the Symposium Former DTB Vice President Gymnastics for All - Prof. Dr. Herbert Hartmann Member of the DTB Board Gymnastics for All - Detlef Mann		
18:00 - 20:00	Festival parade True to its motto "FULL OF COLOURS", the International German Gymnastics Festival 2017 will welcome its participants to Berlin with a colourful parade. The parade will begin on the "Straße des 17. Juni" and pass through the Brandenburger Gate in what is hoped to be a very special moment for everyone. Marching bands will provide musical accompaniment for the parade.		Brandenburger Tor
20:00	Opening ceremony The International German Gymnastics Festival Berlin 2017 would like to invite all participants to attend the colourful opening ceremony after the parade. Attendees can expect to see a variety of shows, performances, musical acts all presented in front a backdrop of a silhouette of the "Brandenburger Tor". The opening ceremony will be a truly special performance that is definitely worth to seeing.		Brandenburger Tor
Sunday		04 June 2017	
Time	International Symposium Gymnastics for All		
9:00 - 10:30	Workshop 1: Gymnastics as a tool for physical activity and sport for all promotion (Part 1) The International Sports und Culture Association (ISCA) and the European Gymnastics Union (UEG) are supporting partners of the International Symposium Gymnastics for All. The ISCA and UEG will present their objectives and methods to enhance the gymnastic for all initiative and activities. Participants will also get the opportunity to present and discuss their own individual projects and programs in the area of gymnastics for all.		CityCube, Room M8
10:30 - 11:00	Coffee Break		CityCube, Room M8
11:00 - 12:30	Workshop 1: Gymnastics as a tool for physical activity and sport for all promotion (Part 2)		CityCube, Room M8
12:30 - 14:00	Lunch		Messe Berlin / Hall 4.1





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14:00 - 15:30	<p>Workshop 2: International Gymnastics Festivals and Events: Why ? What? How ?</p> <p>Numerous international gymnastics festivals and events are organized regularly by different organizations. Participants will get the opportunity to present their own individual festivals and learn from others' mutual experiences.</p>	CityCube, Room M8
15:30 - 16:00	<p>Coffee Break</p>	CityCube, Room M8
16:00 - 17:30	<p>Workshop 3: Improving skills and competences of instructors as well as leaders in the field of Gymnastics and Sports for All</p> <p>Open minded and competent instructors and leaders are the basis for the successful development and improvement of Gymnastics for All activities. Necessary competence and education models will be outlined and discussed during the workshop.</p>	CityCube, Room M8
18:30	<p>Departure to the Mercedes-Benz-Arena from the Motel One Berlin-Bellevue</p>	Motel One Berlin – Bellevue
20:00	<p>Gymnastics Festival Gala I</p> <p>Urban and colourful – that is Berlin! Gymnastics is a sport that combines beauty and graceful movements with power and strength. Special effects, creative choreography and outstanding performances will make this an exceptional event!</p>	Mercedes-Benz-Arena

Monday	05 June 2017	
Time	International Symposium Gymnastics for All	
9:00 - 12:30	<p>Guided tour of the sites of the International German Gymnastics Festival Berlin 2017 in the city center</p> <p>Participants can take part in a guided tour through the city to visit the activities and hotspots of the International German Gymnastics Festival Berlin 2017.</p>	Start at the Motel One Berlin - Bellevue
12:30 - 14:00	<p>Lunch</p>	Messe Berlin / Hall 4.1
14:00 - 16:30	<p>Guided tours of the International German Gymnastics Festival Berlin 2017 on the fairground Messe Berlin</p> <p>Participants can take part in a guided tour through the fairground of the Messe Berlin to visit the activities and offers of the International German Gymnastics Festival Berlin 2017.</p>	Fairground Messe Berlin
16:30 - 18:00	<p>Free time at the fairground Messe Berlin</p> <p>Participants will be able to take time to explore and discover the International German Gymnastics Festival Berlin 2017 on their own.</p>	Fairground Messe Berlin
20:00	<p>Tuju Stars</p> <p>The best German gymnastics youth performance groups will meet to head at the "Tuju"-Stars National Final.</p>	CityCube



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Tuesday	06 June 2017	
Time	International Symposium Gymnastics for All	
9:00 - 10:00	The International German Gymnastics Festival Academy	CityCube, Room M8
	<p>One of the most interesting activities of the International German Gymnastics Festival has to offer the Festival Academy. With more than 600 workshops and seminars with 16.000 workshop space in 7 different topics and 200 presenters, the Festival Academy is among Europe's biggest sport congress. Aiming at trainers, club officials and other interested people, the Festival Academy reached almost 5.000 participants in 2017, providing high level practical and theoretical education.</p>	
10:00 - 11:15	Workshops led by the German Gymnastic Festival Academy	CityCube Berlin
	<p>As the International German Gymnastic Festival is all about moving people, we would like to encourage all participants of the International Symposium Gymnastics for All to participate in one workshop (duration: 1.15 h). Please choose a workshop from the possible workshops list on the registration form.</p>	
12:00 - 13:30	Lunch	Messe Berlin / Hall 4.1
14:00 - 16:00	The "DTB choice competition"	CityCube, Room M8
	<p>One of the biggest success secrets of the International German Gymnastic Festivals is the DTB choice competition that gives 20,000 gymnasts the possibility to participate to one competition. In fact the DTB choice competition enables each participant to create his own competition by choosing from 7 sports 4 different disciplines.</p>	
16:00 - 16:30	Coffee Break	CityCube, Room M8
16:30 - 17:30	The International German Gymnastics Festival App	CityCube, Room M8
	<p>For the first time in the history of the German Gymnastics Festival, participants will be able to check their results, personal schedule and festival events on an app. Our development-team will take this opportunity to present and explain the Turnfest App.</p>	
18:00 - 19:00	Presentation about the Stadium Gala	Olympic Stadium
	<p>Participants can take part in a guided tour through the backdrops of the Stadium Gala. With more than 6,000 athletes, 70,000 spectators it is the biggest event at the International German Gymnastics Festival Berlin 2017.</p>	
19:00	Stadiongala warm up	Olympic Stadium
20:00	"Stadium Gala"	Olympic Stadium
	<p>One of the Gymnastics Festival's highlights will be the Stadium Gala. More than 6,000 athletes will participate in the two-hour gala in the Berlin Olympic Stadium. The show will feature impressive performances by large groups, international teams, musicians and singers and more. True to the motto "FULL OF COLOURS" the German Gymnastics Federation will present a broad variety of performances. With all participants coming together for one show, the gala is a must-see for all Gymnastics Festival visitors.</p>	
Wednesday	07 June 2017	
Time	International Symposium Gymnastics for All	
until 12:00	Departure	Motel One Berlin - Bellevue



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Details

Start of the symposium:

The symposium will officially begin on Saturday, June 3rd 2017 at 5:00pm in the Motel One Bellevue lounge.

Participants will be able to access reserved rooms and symposium documents starting at 3:00pm on Saturday June 3rd.

End of the symposium:

Participants must depart by 12:00pm on June 7th, 2017.

We are offering both 3-day and 4-day tickets, so that individual participants can decide the length of their stay for themselves – see enclosed details in the “Cost of participation” section.

Participants can also stay until the end of the Gymnastics Festival – Friday 9th of June. Please inform us if you would like to do so.

Venues:

Rooms M8 and M7 in the CityCube at the Berlin fairgrounds will be used for meetings and conferences.

<http://www.messe-berlin.de/de/Veranstalter/UnsereLocations/CityCubeBerlin/>

Address: Messedamm 26, 14055 Berlin, Deutschland

Cost of participation:

The cost of participation includes:

4-day-tickets	259 Euro	June 3rd – 6th, 2017 – departure on June 7th Includes tickets to the stadium gala and German Gymnastics Academy workshops
3-day-tickets	199 Euro	June 3rd – 5th, 2017 – departure on June 6th

The following are included in the cost of participation:

- Festival-LIVE ticket
- Public transportation
- Opening parade
- Opening ceremony
- Festival gala I
- Tuju-Stars performance
- All lectures and seminars
- Symposium documents and materials
- Meals (lunch and coffee breaks)



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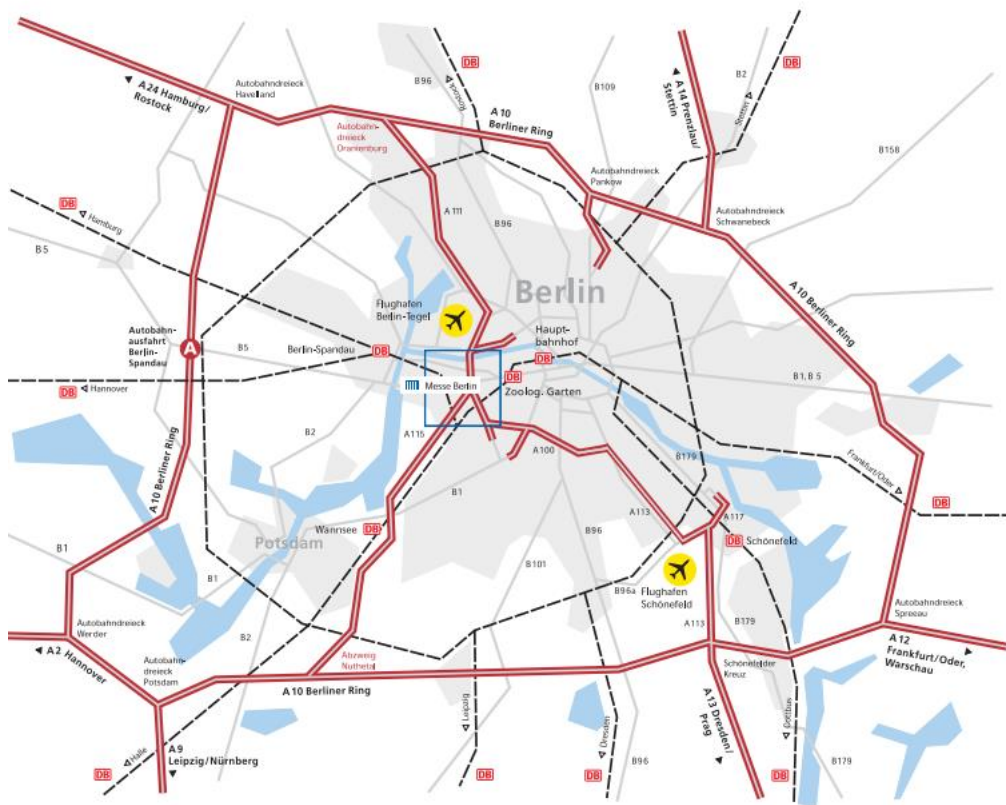
Arrival:

...by car

Thanks to the fairground's proximity to one of the best road networks in the world, the CityCube can be reached quickly and easily. Follow the signs toward the festival fairground and merge onto the city highway toward the "AB Dreieck Funkturm." The "Messedamm" exit will take you to the best situated parking areas.

... via public transportation

The CityCube is easily accessible via Berlin's public transport system. All entrances to the fairgrounds are situated close to taxi, streetcar, metro, and bus stations. Berlin's public transport system will take you to your destination of choice quickly, comfortably, and safely. We suggest using the "Berlin Messe Süd (Eichkamp)" or „Messe Nord /ICC (Berlin)" stations.



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Hotel recommendations:

We have reserved a contingent of rooms at the Motel One Bellevue for your use – depending on amenities, costs range from 78.50 to 103.00 euros, including breakfast. (Website <https://www.motel-one.com/de/hotels/berlin/hotel-berlin-bellevue/>)

Please note the Hotel rooms will be paid on-site the day of departure. Should you be interested in booking a room, please fill out the reservation form or contact Ms. Surmely at:

Phone: +49 (0) 30 / 30 127 38 196
Email: surmely.turnfest@dtb-online.de

Registration:

Please use the attached registration form to sign up for the symposium. Registration can be completed by mail, fax, or email, and must be submitted by April 28th, 2017.

Address:

Verein Deutsche Turnfeste e.V.
OK Turnfest Berlin 2017
Carole Surmely
Tor 16/ 16 Eingang Funkturmrestaurant
Messedamm 22
14055 Berlin

Phone: +49 (0) 30 30 127 38 196

Email: teilnehmer.turnfest@dtb-online.de



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REGISTRATION FORM
Registration runs through April 28th, 2017

Verein Deutsche Turnfeste e.V.
OK Turnfest Berlin 2017
Tor 16/ Eingang Funkturmrestaurant
Messedamm 22
14055 Berlin

Telefon: 0049 (0) 30 / 3012738-196
Fax: 0049 (0) 30 / 3012738-29
E-Mail: teilnehmer.turnfest@dtb-online.de

Mr.

Mrs.

Federation:

Name:

Surname:

Address:

Zip-code:

City:

Country:

Phone number:

E-Mail:

Arrival:

Departure:

Hereby I binding register for the following period of the International Symposium Gymnastics for All:

4-day ticket (3rd to 6th June 2017) 259,00 €

3-day ticket (3rd to the 5th June 2017) 199,00 €

Moreover I would like to register for the following course of the Turnfest Academy:

Please note the academy courses can only be choones by the participants of the 4-day ticket. We kindly ask you to indicate your preference courses with the numbers "1" and "2" in the "preference" column. Please note that vacancies are given on the basis of the confirmation time. A quick confirmation is therefore recommended.

Nr. / Titel	Instructor / Description	Date / Time / Location	Preference
55119 Stretching & Flexibility - Introduction and Tricks	Karin Albrecht Stretches are more valuable than ever. An upright posture, free breathing, suppleness and serenity can best be achieved with a maximum radius of movement and with relevant stimuli. Being mobile is pleasant and so simple!	"Tuesday, June 6th / 10am til 11:15am / Messe Berlin / CityCube A6"	
55384 High Intensity Training - with various soft-tools	Mareike Lange Little time and still fit and healthy? No problem, we show how! According to the tabata training principle, exercises for the improvement of the cardiovascular system as well as the strength are shown.	Tuesday, June 6th / 10am til 11:15am / Messe Berlin / Hall 7.1 b LONDON B (Airex softX - Hall)	



Unsere Partner:



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Team Parkour

55788
Basic Module for
parkour on club
level

Parkour offers a wide range of possibilities to promote responsiveness, strength, endurance, training of balance, concentration and precision. In this workshop, participants will be introduced to the theme of Parkour / Freerunning and possible applications.

Tuesday, June 6th /
10am til 11:15am /
Messe Berlin / Hall 3.1

Corinna Michels

55607
LaGym meets
Brasil

Dancing á LaGYM and workout with the Brasil merge into an intense fun workout. Small simple choreographies to catchy music motivate to expression of dance as well as endurance during the workout phase. Dance & Shake !!

Tuesday, June 6th /
10am til 11:15am /
Messe Berlin / Hall 7.1 c PARIS
B

Carrie Ekins, Frauke Winkler, Sharon Jackson

55636
Drums Alive Power
Beats - The
original!!

Come with us and get into a whole new fitness world: Feel the pulsating rhythms, the flowing movements and the powerful beats of the drums on your own.

Tuesday, June 6th /
10am til 11:15am /
Messe Berlin / Hall 15.2

Hotel Reservation

Reservation required for :

Arrival:

Departure:

Number of nights in total:

Single room

78,50 € per night; breakfast inclusive

Double room

103,00 € per night; breakfast inclusive

Means of payment

Upon receipt of the complete registration form an appropriate invoice will be sent. Please complete the amount after that a confirmation letter will be sent and the registration will be binding. Please note the Hotel rooms will be paid on-site the day of departure.

Please tick the box. General terms and conditions can be found on the Website www.turnfest.de

I agree to the general terms and conditions of the Verein Deutsche Turnfeste e.V.

Date: _____

Signature: _____

Unsere Partner:



Gefördert durch:



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